

HOT APPLE COMPOTE

(Serves 100)

25 lbs. cooking apples, peeled & sliced
2 cups brown sugar or honey
4 T. cinnamon
1/2 lb. oleo
1 lb. low fat granola (without raisins)
2 large cartons vanilla yogurt

Mix fruit, sugar, cinnamon, granola and oleo. Cook overnight on very low heat in electric roaster. This isn't supposed to look like applesauce. You should be able to see the pieces of apple. You can also add peaches or pears, if you have them and need to use them up.

Serve warm with a bit of the yogurt on top (about 1 tsp). Serving size is about 1/2 cup.