



OCCUPATIONAL SAFETY & HEALTH ADMINISTRATION

Policy:

Bentonville Public Schools is dedicated to creating and maintaining a safe environment for our student athletes, and athletics staff and administration. The Sports Medicine staff will oversee that creation and maintenance of a safe environment is plausible through the following guidelines put in place by the OSHA standard 29 CFR 1910.1030

https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=STANDARDS&p_id=10051

Procedure:

This policy is in place for the facilities compliance with the OSHA standards, and to ensure the safety of the facility available to our student athletes, student aides, and athletic staff. All individuals involved with the sports medicine program must abide by the Universal Precautions stated by the OSHA standards. Risks of contracting bloodborne pathogens and/or infectious diseases can be minimized/eliminated by strictly following the OSHA procedures listed in the standards, wearing personal protective equipment, adequate training, proper vaccinations, signs, labels, and all other safety protocols listed by the OSHA standards.

Bloodborne Pathogens Exposure Plan:

I. Universal Precautions:

- a. Avoid skin contact with blood or any other bodily fluids.
- b. Use personal protective equipment (i.e. gloves, cpr mask)
- c. Properly dispose of contaminated waste in properly labeled biohazard container(s).
- d. Wash hands properly with anti-bacterial soap and warm water for 20 seconds, after providing care to a patient.

II. Cleaning Blood from Field, Court, or other Surface:

- a. Keep individuals away from contaminated areas until it has been cleaned properly.
- b. Apply personal protective equipment (non/latex gloves).
- c. Using paper towels, gauze, or other absorbent material, along with spraying area with approved cleaning solution; wipe up blood or body fluids.
- d. Dispose of soiled materials into the labeled biohazard container.
 - i. If a towel or clothing has been contaminated, it should be placed into a biohazard bag and placed in the athletic training room for the head or assistant athletic trainer to clean following the OSHA guidelines (Normal laundry cycles should be used according to the washer and detergent manufacturer's recommendations).

III. Removing non/latex gloves:

- a. Using one hand, pinch the other hand's glove near the wrist.
- b. Once pinched, pull the glove off the hand. The removed glove should be held in the hand that is still gloved.
- c. With the hand that is still gloved, gather the removed glove into the palm of the gloved hand.
- d. Using the non-gloved hand, slide finger(s) into the glove still on the other hand, folding it inside out to remove the glove off the hand. Make sure the already removed glove remains inside the second glove being removed.
- e. Dispose of gloves into the labeled biohazard container.
- f. Wash hands thoroughly with anti-bacterial soap and warm water for 20 seconds.

IV. Exposure to Blood or other Body Fluids:

- a. If a student athlete, student aide, or athletics staff member is exposed to blood or other body fluids, the individual must:
 - i. Immediately wash the contaminated area with anti-bacterial soap and warm water for 20 seconds.
 - ii. A contaminated individual should inform the head and/or assistant athletic trainer of the incident as soon as possible. Provide time of incident, location on campus and on the individual, and other parties involved.
 - iii. The head and/or assistant athletic trainer should inform the individual of the instructions, provided by the OSHA guidelines, in order to receive the best treatment and prevention of disease contamination.

OSHA Training and Education

1. The Bentonville Public Schools Sports Medicine Staff, student aides, and athletic staff is required to complete the OSHA Bloodborne Pathogens Training.
2. The head and assistant athletic trainers, student aides, and athletic staff are required to complete the OSHA training yearly before the start of the school year.
3. Once the individual completes the training, a copy must be submitted to the head and/or assistant athletic trainer prior to the beginning of the first day of classes.

Hepatitis B Vaccination

OSHA recommends that individuals, involved in activities that would expose them to potential hazards involving bloodborne pathogens, should receive the hepatitis B vaccination.