

SAMPLE QUESTIONS FOR FAMILY STRENGTH ASSESSMENT

What do you like to watch on television?

What are your favorite movies, books? Which celebrities do you like and why?

What are the best things about each of your children? Your parents?

What do you do for fun?

Who are your close friends and why are they special to you?

What kind of future do you hope to see for your children? Yourself?

What makes you mad?

What do you do to “blow off steam”?

How did you meet your spouse/significant other?

What is your neighborhood like? How long have you lived there?

What were you like as a kid? What you think you’ll be like as an adult?

What one thing do you do every week that you enjoy?

What was the best vacation you ever took? What made it the best?

How do you picture your life five years from now?

What makes you smile about your family at least once a day?

If you could have one goal met within the next year what would it be?