

Target: demonstrate effective team building skills

1. How did you demonstrate effective team building skills?
 2. What strengths do you have?
 3. What areas of growth- how could you grow?
 4. How might you use these skills in the future?
 5. Did you meet anyone new/learn anything about your teammates?
-
1. I worked together with my team to strategize what would be the best way to overcome each challenge, plus we worked together when doing the actual course and encouraged each other on along the way.
 2. Some strengths that I have are - listening to what everyone has to say and collaborating with my team.
 3. Some areas I grew in were the trust of the others in my group and opening up to people I didn't particularly know to help each other achieve the goal.
 4. I might use these skills in the future when I meet new people because opening up to people is a good way to get people to trust you.
 5. I met some upperclassmen that I probably wouldn't have talked to in any other situation.