

## **Heritage of Hindus**

## Shreya Thakekar, Lamar High School

Treat one how you want to be treated

Or karma will be completed.

Do not be conceited

Or your next life will be heated.

Sanskrit: language used in holy scripture.

Vedas and Bhagavat Gita is the holy scripture.

This will help you get the clear picture.

Founded between 2300 B.C. and 1500 B.C.

Worship in a Mandir as known as a temple.

Pujas are one of the fundamentals.

Followers are called Hindus.

Believe that life continues.

Diya: oil lamp representing auspiciousness been used.

Nepal and Sri Lanka is where Hinduism diffused.

Prasad: water/food,

Offered to deity during puja, giving anything salty/sour given is just RUDE!

All Gods/Goddess represent the different forms of Brahman, don't be confused.

Delicious food is stewed,

Diwali is the biggest holiday, lighten ups the mood.

Moksha is salvation, let that be glued.

Hinduism is the doctrine of samsara.