



OKLAHOMA- ARKANSAS ALL-STAR CROSS COUNTRY

Saturday, November 16, 2024

Race Schedule

Check-In 10:00am
Girls (5K) 11:30 am
Boys (5K) 12:00pm

Course Location

Oneta Ridge Middle School
6800 E. Quincy Place
Broken Arrow, OK 74014

Oklahoma All-Star Team Qualifications

- Runners are only accepted with a nomination from OCCTCA member coaches and must verify their intent to compete. ***Athletes nominated by non-member coaches will NOT be accepted.***
- Top 5 fastest nominated and verified runners per class at their respective OSSAA State Championship, plus an additional 5 At Large runners from ALL classes will be elected to represent the Oklahoma All-Star Team.
- The selected 35 athletes will compete for the Oklahoma All-Star Team (per gender). These athletes will receive a complementary jersey for the meet. Athletes will be required to supply their own racing bottoms/shorts to wear with the provided top.
- Athletes should report to the registration area no later than 10am.
- Qualifiers for this year's team will be posted on Facebook at "Oklahoma Track & Field and Cross Country" and www.ohstrack.com. If you text, please include your name in the text.

Questions? Please contact:

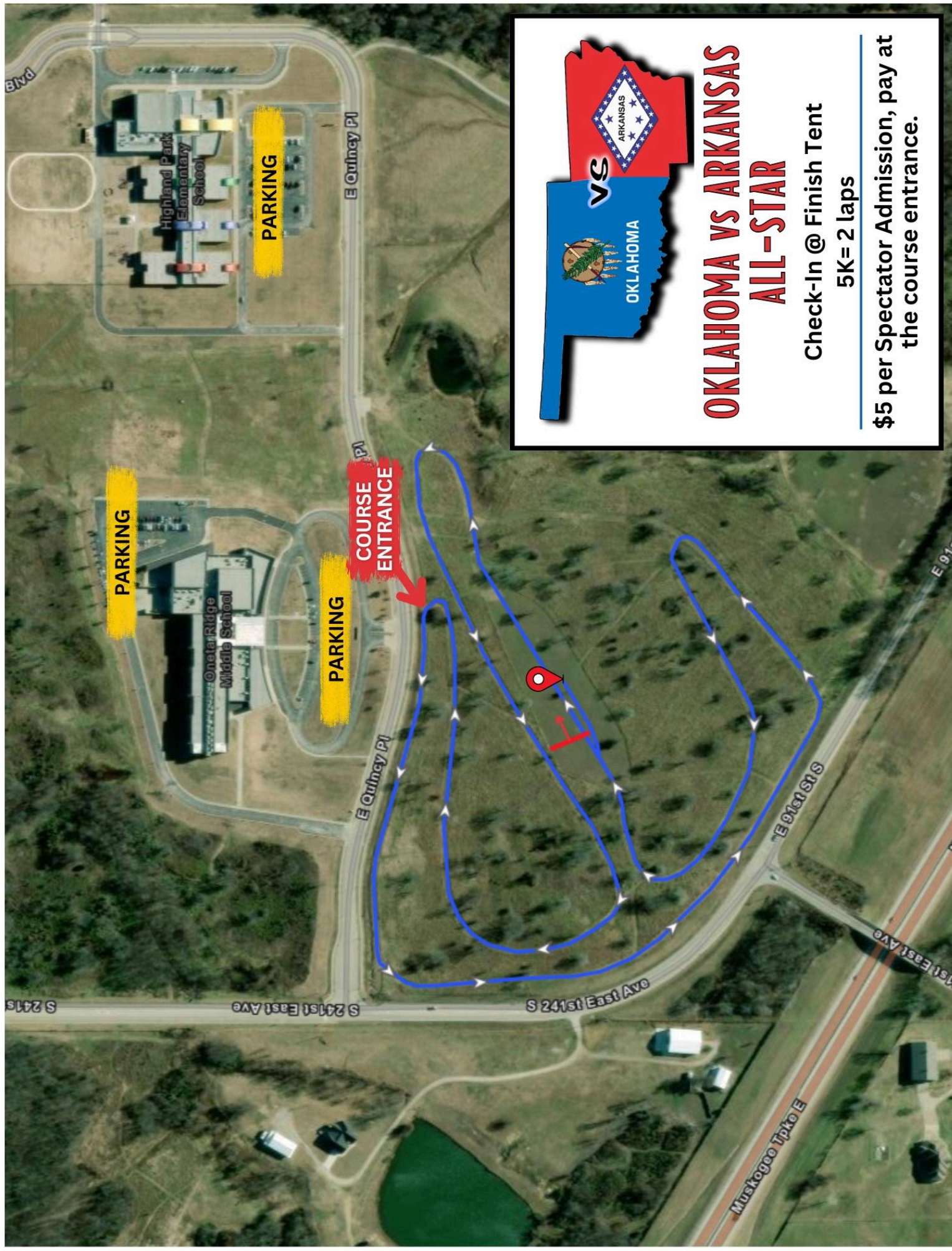
Kendra Hoover
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(405) 761-8146

**PLEASE CONFIRM YOUR PARTICIPATION NO LATER THAN MONDAY, NOVEMBER 11TH
BY COMPLETING THE GOOGLE FORM [Enter Here](#)**

After you have confirmed your athlete's participation - and after he/she has been accepted (by the Coach's Assoc.) - you must enter your athlete online through your ENDURO USA account (www.endurousa.com).

Oklahoma XC Meet of Champions Details

- Awards to the top 25 per race.
- Winning Team will receive medals.
- Team photo & Race photos will be taken & posted to our Facebook Page.
- Spectator Admission: \$5 gate fee per person, proceeds help cover expenses incurred by hosting this event.



OKLAHOMA VS ARKANSAS ALL-STAR

Check-In @ Finish Tent
5K= 2 laps

\$5 per Spectator Admission, pay at
the course entrance.