

Tuesday, October 7th, 2025

Dear American Academy Parents,

American academy character:

During the month of October our character focus will be on Self-Control. Over the course of the month, teachers will incorporate lessons on self-control into their planned lessons and activities. Staff throughout the building will encourage students to show self-control and model the behaviors we expect to see from our students.

Self-Control

The ability to take control of your own thoughts, feelings, language, actions, and therefore, to take control of your objective results.

To master this trait, one must start with the little things:

- Control your thoughts
- Control your temper
- Control your fear
- Control your speech
- Control your habits

First Responder's Drive Thru Breakfast- Tuesday, October 28th

On Tuesday, October 28th, we would like to invite ALL active and retired first responders to Lincoln Meadows so we can honor and recognize YOU on National First Responder Appreciation Day. Save the date and join us for our breakfast drive thru from 8:15-10am. Please use the RSVP info provided below and sign up for an accurate count for breakfast.

Lincoln Meadows Campus

Thank You Drive-Thru Breakfast

8:15-10:00 AM

LM Campus

[RSVP HERE!](#)

Rebel Citizenship Program — Starts After Fall Break!

We're excited to relaunch our Rebel Citizenship Program after fall break! This leadership opportunity allows middle school students to give back to our school community by volunteering in an elementary classroom once a week during their study hall. Students will assist teachers, serve as positive role models, and help younger Rebels learn and grow—all while developing their own responsibility and leadership skills. Students that

completed the application and a teacher recommendation form will receive their placements this week!

Uniform Reminder



Oversized sweatshirts

We are starting to see several students come to school with sweatshirts that are oversized to the point where we are unable to see the bottoms worn. Please ensure that your child has an appropriate length sweatshirt as part of their school uniform.



Leggings

A friendly reminder that leggings must be worn with a top that covers their bottoms and encircles the entire way around their body.

Upcoming Dates to Make Note

Elementary Parent Teacher Conferences - October 8th & 9th (4:30-7pm)

Fall Break - October 13th-17th

First Responder's Day: Tuesday, October 28th

End of T1 - Friday, November 14th

Veteran's Day Assembly: Tuesday, November 11th

That is all for now! I hope all of you enjoy an incredible Fall break!

Mallory Silva
Dean of Students, Lincoln Meadows