

## Don't Blame Me Call Transcriptions Season 7 Episode 16

### Call 1:

Hi friends, so just to start out this call, I just want to preface, I'm a Sagittarius. So it might not be that organized but it's not too complicated of a problem. So I think we got it. Just to start it all out, I'm obviously as I mentioned in Sagittarius and I am twenty-four probably too old for this problem and my boyfriend's twenty-two and an Aquarius and just to kind of hop into it. I personally have been having the issue that I can't seem to stop just casually stalking his ex-girlfriend. He's dated multiple people, but there's just one that was like the longest one and his first one and I just don't know why is because like we're different people I think well, I think from what I've seen I think we have similar interests, but like we're very different people and I know he was very happy to leave that relationship so it's not like maybe it is a form of jealousy but it's not like I ever would think that he would go back with her ever date her so it's not like out of fear and I'm sure a lot of people can relate to this just kind of starting and not stopping and just as a reference I've been with him for almost two years and this is a girlfriend that he dated in high school and they broke up like right after and that's just kind of you know, the timeline on how long it's been but yeah, I just would love some advice on how - well if you think it's a problem, one, and two, if you have any tips on how to stop doing this, I feel like it must not be good for my mental health. I don't feel like it's doing anything to me. Like I can't pinpoint anything specific, but I'm sure it's not great for my mental health. So I just would love some advice and as a reference, she's a Leo so Meghan, it probably makes sense to you. But yeah, she's a Leo and a stripper now, so she's just hot. But yeah. Thank you.

### Call 2:

Hi Meghan and Melisa, I wanted to ask y'all's opinion on something. I was talking to my roommate about the other day. We both work for the same nannying company, essentially parents can book jobs through a website and we can pick up the ones we want, very similar to care.com if you've heard of that. This just means that I get different families with different kids almost every time rather than one consistent family. So my question is is it inappropriate or not my place to talk to kids about social issues for correct behaviors and statements that I personally believe to be wrong. It's hard to explain but an example would be I was babysitting a little girl who was about six and the show we were watching had a cartoon dolphin couple and she told me just out of nowhere that they were both mommy dolphins but they were both girls so they couldn't kiss like quote "real mommies and daddies," I asked well if they're both mommies and they're married then why can't they kiss like don't you and your mom like your mom and dad kiss and she agreed and like moved on and then later she brought up something similar about how long get her ears pierced, but her brother couldn't have his ears pierced because he's a boy among other things like painting his nails or wearing makeup to which I asked well can boys paint and draw with paper and paint and she said, yes, so I said well, why can't they do it with makeup on their face? Like it's the same thing. It's just like fun. It's like art and she agreed and like you could see like the gears turning in her head, she just never heard of it. That way. I've had lots of instances like this some as far as having to correct a four-year-old on calling COVID quote "the Chinese virus" and how she hated the Chinese for bringing it back to America. Yeah. I know most of these kids just felt whatever their parents are saying or it's just gender norms because they're so young. I also live in Texas so I know that's a factor. I would never bring political beliefs out of nowhere, especially with a child but with topics like these when they bring it up my viewpoint isn't political. It's just like human decency and gender equality. Do you think it's crossing a line on how their parents are raising them or what their parents would be comfortable with me talking to them about or if their parents would be like angry that I'm saying these things if they're teaching their children the opposite? I know it's not like a tricky subject and I wanted to hear ya'll's take on it. I love the podcast. I'm an Aries if that matters and I am really excited to hear y'all's thoughts.

### Call 3:

Hi Meghan and Melisa, I'm a huge fan, and before I start I just want to say I am currently in New Zealand so our COVID restrictions are allowing us to live life as normal. I am currently at University and I live in a

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city away from my hometown and because of that I go flatting but I this year have found myself in an interesting flatting situation and I would love to know if you have any advice. I live within a six-bedroom house with five other girls, three of them are new in the house and we're all strangers we don't know each other I have met them but we met on Facebook and two of the other girls I lived with last year in this flat these two girls have become like my best friends and I know it's never good to live with your friends but we became friends because we live in this flat and they're like awesome people and I've lived with them for the past year however these two girls have started dating and I would like some advice because A) I've never had two of my best friends say to each other it was like one of my friends and then I don't know the other person and I've also never lived with a couple before they do have separate bedrooms. They would not in a full-blown relationship and as serious as they are now and I just want to know I'm a Cancer so I'm very empathetic and I always help them whenever I can however sometimes they do come to me for advice when they're having problems and it is a bit awkward because I'm friends with both of them and I don't know how to kind of set up a boundary and I don't like getting caught up in the drama but I also like my best friends and I love them both and they're very good people and they're always there for me it's just an interesting dynamic now that they've dating and it's kind of changed a little bit and I am worried that something might go wrong or something might blow up and I'm stuck with these girls for a year cause we've signed a contract to be in this house and I just want to know if you have any advice on how to go about with the situation am I just overthinking it and is it just going to be all fine or do I need to do something about them? Obviously I can't leave and I don't want to stop being friends with them cuz I have no reason to do so but I just want to know if there's a way I can deal with living with my two best friends that are dating. Thanks in advance, love you guys, bye.

### Call 4:

Hi Meghan and Melisa, I am 22 years old my pronouns are she and/or they and I am in an open relationship with a 24 year old guy. My boyfriend and I met a couple of months pre-pandemic and at first both of us both of us were saying that we weren't looking for anything serious but we enjoyed each other's company a lot and had a great casual dating situation going on for several months but we did develop feelings at some point and as of June last year we are in a relationship. We agree on a lot when it comes to relationships like wanting to be in an open relationship and valuing open and honest communication very highly but as it turned out he's someone who plans quite far ahead into the future and would only be in a relationship with someone he could see himself growing old with. I do agree that it is important to be able to see a future for a relationship and I do and to quote-unquote act as if you're in it for the long run but for me personally because I'm still young and inexperienced in so many areas of life it is hard to tell if anything I do will be something I want to do forever if that makes sense for example that will be times where we won't be living in the same country and I am not sure if I'm willing or able to be in a long distance relationship yet. Because of this uncertainty I kind of hard to reconcile my living in the moment attitude with his worrying about the future approach especially when we have difficulties in our relationship because it sometimes feels like he's using the future as an excuse to not work on himself or the relationship now but then again he also tells me that he's unsure if he's going to be able to cope with my mental health issues quote-unquote forever. It feels unfair because while I do have issues for sure I'm working very hard on myself on my own and in therapy and also take on a big chunk of the emotional labor in our relationship. But when I bring up stuff to him that I would need him to work on in order for a relationship to work for example his time management, he says he sees my point but I rarely see him making an effort. I feel like these issues are very much heightened by the pandemic because he's the only human I see in person which might make me more focused on our issues than I would be if I was able to see other people like platonically and for dating purposes. Also he's a law student in that has a very important exam coming up in a few months which means he super stressed out and preoccupied with studying and believe me I got that I do but I'm also not willing or able to let that be an excuse for not putting a certain amount of effort into the well-being of our relationship because he's so stressed out I

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would hate to give him an ultimatum, I hate those in general but I also don't know how many more times I can take us talking about this stuff without anything changing. Yeah, I'd love to hear your thoughts on this and wishing you all the best and stay safe!

### Call 5:

Hey Meghan and Melisa I listen daily love both of you I'm calling because I just got the most information possible and I don't know how to handle it I was planning on moving in with these three girls they're absolutely amazing I'm so excited and when we were looking for the third girl to move in we were doing interviews with other girls to see who would be a good fit and one of the girls ended up being from my floor from one of them residency last year and when she got home but I was like guys this is such a funny coincidence we hooked up with like the same guy during frosh week like it's in like a few days other I'm 19 and a libra by the way I don't know what anyone else's star signs are we're all the same age that doesn't matter but I get a message today on Instagram as well as a follow from that guy saying like I just want to let you know I'm really good friends with like your new roommates I just didn't want to jump out on you and catch you by surprise and the thing was that I ghosted him cuz my friend convinced me to even though I was like into him to but whatever it doesn't matter anymore but I just don't know what to do with this information and he just so happens to be part of a group of friends I'm almost positive that live two houses and he lives down the street they make family dinners every Friday night that I was being told about that I'm invited to so it's just like I feel like I would feel awkward about it like I'm super over it's been like a year but I also just don't know what to do with this information and what to do if that's a different word pronunciations the other like I honestly don't know how to act which way just make jokes about it or anything I really don't get around a lot with guys with so I don't know what I had to handle these situations when they come he's like one of the only guys hooked up with like for real like I'm 19 so I'm actually really excited that I have something to call into the show though I literally love you both and yeah thanks guys with you

### Call 6:

Hi Meghan and Melisa I'm 21 and my sister is 29 and we both use she/her pronouns. I've been fantasizing about cutting her out of my life for a while now I was in a relationship with a girl and during that time I'd experienced extreme homophobia on her end for example a few months ago a children's book came out which featured lgbtq + characters and it's been shred publicly by politicians banned by a mayor for kindergarten there were protest and there was a petition to ban it from book shops and I found out about it because she had it expresses discuss when she says they hate gay people who she tells me to repress my attraction to girls and it's going to go away and she sees all this is an extension of my mental health problems we have a great relationship she was my best friend and then she became Christian and it was a complete U-turn I know she loves me so much but that makes it hurt even more is that makes sense because I associate this love with actively hurting me the problem is she pregnant how now I kind of feel like a dick for cutting her out during this important part of her life also it would hurt my mom so so much and so I don't know what to do when I think about my niece I know she will be raised to be on the homophobic and I will have to hide this from her because they think that it's unnatural for children to know about this because being gay is unnatural and I just don't do what to do because I don't think I can take that to mentally so please help me I love this podcast so much and I know that's if someone can help it's you guys so thank you bye

### Don't Blame Them:

Hi Meghan and Melisa. I'm a big fan of the podcast and I'm a Scorpio and I actually have a Don't Blame Them this is for season 7 episode 12, about a girl who called in and said that she was having trouble getting over someone who she's really into and he clearly just doesn't want anything serious and has said it but she's having a hard time getting over him. I have to agree with Melisa you have got to stop talking to

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him, you have to cut him out. it is the first step and it is genuinely going to be the most effective thing that you do I have made this mistake before, I have right before I went away to University myself so I kind of dated this guy over the summer, first guy that I had strong feelings for, first guy that I did physical stuff with and we continued talking all throughout that first semester the next semester I kind of told myself we were just friends that was okay with it but he was became kind of a crutch for me and then he became the reason why I wouldn't put myself out there, I didn't date myself I wouldn't even think about dating other guys and I didn't even realize I was doing it but it was because I was still talking to this guy all the time and I was still very much into him and you know whether or not that's I was into him because of him or because I just associated all of these good things with him but the issue is I was still talking to him but he was out dating and having sex and all of this stuff and so he got to have my friendship and talking to me and me making him feel good about himself but he also got to go out and have sex and date a bunch of girls which is totally fine but I shouldn't have been talking to him in the first place because it actually took years me to get over him and I really regret that I feel like I wasted so much of this wonderful University experience like my first two years being hung up on this one guy who's like, I don't even think he knew what he was doing. And the second I decided I had had enough I was like I'm going to stop talking to him he can't be in my life anymore, and I mean like really like I didn't respond to text I muted him on Instagram all of this stuff it took me two months to get over what had previously taken me two years to get over so I'm telling you whatever you do you have to stop talking to him you can distract yourself you can date new people but you cannot be talking to him as well because you might think that you know you're good and it's not becoming an issue and you want to be his friend but it's not helping you. Okay well I hope that works out and good luck to you and again, love you Meghan and Melisa, thanks so much.