



Del Webb Cross County Team

Welcome

Heather Mounts, Principal
Jennifer Mattox, Assistant Principal over Athletics
Kimberly Espe, Coach

Purpose of Del Web Boys and Girls Cross Country: To provide Del Webb Middle School students an opportunity to learn long distance running over open country. The Del Webb Cross Country team is a competitive, yet fun program to be a part of! Our season begins the third week of school. Once school starts in August, we begin intramurals prior to try-outs. On the day of try-outs Activate.com must be complete, no exceptions. Our races are 3K 1.86 miles and take place in parks all over the city. We have a "no-cut" policy on the cross country team, so as long as you're willing to give it your best, have a 2.0 GPA and NO disciplinary issues, we're excited to have you be a part of our program!

Kimberly Espe, who is entering her third season as the Boys and Girls Head Coach for cross country. You can communicate with her at Espeks@nv.ccsd.net

Below are useful links and information for the cross country season:

[Aktivate.com](#) - Click on the link in order to receive instructions on how to complete the physical and other paperwork in order to participate. There is a \$20.00 fee for Aktivate. All students must complete the paperwork prior to try-outs. Please turn in all completed paperwork to the Del Webb SSO secretary, Maria Morris.

[Athletic.net](#) - This website has our schedule for the season and results.

Team code: **W896DFKSQ**

