Greg Reinauer

Creative Action Coaching

CreativeActionCoaching@Gmail.com | 603-320-7449



Coaching Contract

Between Coach Greg Reinauer & Client Name

Signed and dated below

My role as a coach is to support you to:

- 1. See and discover who you really are and what holds meaning and purpose for you.
- 2. Take authentic action consistently and move past your personal stopping points.
- 3. Create and score extraordinary goals you love, with clarity, focus, ease, and grace.

Your role as a client is to:

- 1. Be an engaged, willing partner with your coach.
- 2. Be willing to look at things in a new way.
- 3. Take action to meet the goals you have promised.
- 4. Bring something to each session that you'd like support on.

Note: A coach is not a counselor, consultant or advisor; a coach can help you clarify whether to seek counsel, consultation, or advice. A coach is not a therapist; a coach can support you in seeing if there is healing that could be addressed by visiting a mental health professional.

Our Agreements

- 1. **Package**: Beginning Jan 1st, 2023 for 6 months: \$400/month for up to two 60-minute sessions per month. Additional sessions at \$200 each. E-mail and text communication and one 15 minute "laser coaching or support session" per month is included as needed in the monthly package.
- 2. **Payment:** Automatic payment can be set up <u>monthly</u> or <u>bi-weekly</u>. Full payment is due each month unless deferred by client or coach in advance.
- 3. **Scheduling:** You schedule your sessions online, upfront by the beginning of each month.
 - You initiate the call each session. We may reschedule in writing with 24 hours notice.
 - You may schedule a given month's sessions through the 10th of the following month.
 - For months in which you or I cannot meet due to extenuating circumstances (e.g. extended travel or vacation), client will have the option to continue payment as scheduled and defer that month's session, or defer payment using the <u>payer portal</u>.
- 4. **Session Cancellation:** Besides emergencies, I charge in full for sessions missed, canceled, or rescheduled with less than 24 hours notice.

Ethics & Confidentiality

I am a graduate of a rigorous professional coach training program through the <u>Academy for Coaching Excellence</u>, an Accredited Coach Training Program by the <u>International Coach Federation</u> (ICF). I abide by the ICF <u>Code of Ethics</u>. I will keep our relationship confidential unless by your written permission. As part of my continued credentialing, ICF may contact you, solely to verify our relationship.

Signed by:

Signed by:

Greg Reinauer Creative Action Coaching

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Important links:

Find your authentic price using this <u>Sliding Scale Pricing Guide</u>
Set up auto pay: <u>Monthly</u> or <u>Bi-weekly</u>
Schedule your sessions in advance each month <u>HERE</u>