



MARIN
ROWING
ASSOCIATION

Volunteer Trainings

Everyone involved in STEM to Stern (as a coordinator, coach, facilitator, etc) needs to do SafeSport Training as well as STEM to Stern Facilitator and Leadership Training.

Facilitator Training dives into the diversity, equity and inclusion work that STEM to Stern facilitators are involved in. This is focused on the context in which we are doing this work and gives a sense of our place therein.

Leadership Training provides practical guidance on running programming. This helps facilitators with best practices on working with kids, building relationships, and keeping things structured and organized.

We will be offering Facilitator Training on the **first Tuesday of each month** and Leadership Training on the **first Thursday of each month**. Sessions will be from **6:00pm-7:00pm CST** Here is the list of training dates:

Facilitator and Leadership Training:

- Feb 1st & Feb 3rd
- March 1st & March 3rd
- April 5th & April 7th
- May 3rd & May 5th
- June 7th & June 9th
- July 5th & July 7th
- Aug 2nd & Aug 4th
- Sept 6th & Sept 8th
- Oct 4th & Oct 6th
- Nov 1st & Nov 3rd
- Dec 6th & Dec 8th

Facilitator Training - Tuesday's:

<https://us02web.zoom.us/j/84363609744>

Leadership Training - Thursday's:

<https://us02web.zoom.us/j/818022826758>

SafeSport Education and Training

USRowing recognizes that education and awareness may be the best approach to prevent issues of misconduct. USRowing has partnered with the U.S. Center for SafeSport to provide training and education on the various forms of misconduct. The center has



MARIN
ROWING
ASSOCIATION

developed a comprehensive online program, which is free to all USRowing individual members. It focuses on both identifying misconduct and the steps needed to prevent it.

PLEASE NOTE that you will need your individual USRowing member number and your own email address to access the training. If you are an Adult Participant but will not be participating as an athlete, coach, or referee, you can register at no cost under the support staff category to obtain your USRowing member number. You must be affiliated with a member organization to receive a support staff membership.

How to Access SafeSport Training

To access the SafeSport training, log into your individual USRowing account at <https://membership.usrowing.org/individual/login>, and click on the SafeSport tab on the left-hand side. It will prompt you to see the required courses to take -- either the Core NGB1 (90 min), an NGB1 refresher course (30 min), or the Adult Athlete Training (30 min). If you click on enroll and start the course, you might get a pop up telling you to refresh your next page. Click 'continue'. Once you are on the next page and you see a 401 error, be sure to click refresh on your Internet browser. Once you do, you should see your SafeSport course.

USRowing Safety Video

▶ USRowing Safety Video

USRowing has produced an updated safety video with funding provided by a grant from the United States Coast Guard. Since the first safety video was released in the late 1980s, the number of rowing clubs in the U.S. has more than doubled and pleasure boat traffic has increased dramatically. The need for safety awareness has never been greater. Major and minor accidents have a direct impact on the lives of those involved and some incidents can have repercussions for the entire rowing community. The safety video has two main sections, one for everyone who is involved with the rowing program and the other for just coaches and administrators. USRowing stresses that everyone review the safety video once a year and all rowing programs have an active safety committee to make sure that club policies and procedures are up to date.

MRA Handbook

<https://static1.squarespace.com/static/5afa0dcd71069934068c5e5d/t/61c268733f2ffe335cb12397/1640130677338/Membership+Handbook+12.21.pdf>

Includes club policies and safety procedures.