## "InVision" Mission Statement

My business and work focus on helping and encouraging people to deeply relax and discover intuitive insights that can inspire their external realities. I combine modalities designed to calm and harmonize the nervous system and the energy body while promoting a creative flow in order to achieve your primary goal.

In today's world, balancing our responses to the changes and shifts we are experiencing is essential. We can bridge the gap between who you are and who you aspire to become by creating a clear vision for your future.

While assisting clients for forty years, I have worked with many people seeking to awaken their creative responses to life's challenges, such as restoring vitality, stabilizing resources, balancing relationships and igniting confidence to thrive and prosper. My business is a relaxing, insightful, and inspiring means to reawaken and shape a happy, healthy and fulfilling life.

To engage my clients in creating their visions, I reconnect them to meaningful memories that act as touchstones and values by which they raise their flags. Together, we enhance these uniting standards by journeying inward with the support of Reiki life force energy restorative guided visualizations, partnered with a playful engagement of stories, myths, fairy tales, and legends that contain perceptive layers of meaning.

The rich heritage of icons and collective wisdom acts as a catalyst for spontaneous and sacred journeys inward, while exploring internal landscapes, meeting supporting characters, and engaging in meaningful and fruitful adventures of self-expression.

The awareness gained by these deeply relaxing journeys activates synchronistic shifts in the quality of the connected flow between inner resources and outer world challenges. Because of these experiences, a strengthened guiding and intuitive energy becomes a real part of daily life.