

# Activities Checklist 2024-2025

ALL FORMS MUST BE COMPLETED, SIGNED, AND RETURNED **PRIOR** TO THE FIRST DAY OF PRACTICE.

- **Sports physical:** This form must be completed by a licensed physician and parent before participation in practice. The physical must be dated **05/01/2024** or after. This form is located on the Activities page on the Hellgate website.
- **Concussion Form/Concussion Education Form:** This two-sided form must be completed, signed, and returned. This form is located on the Activities page.
- **Parent Permission/Medical Emergency Form:** This form must be completed, signed, and returned. This form is located on the Activities website.
- **Student Activity Handbook:** Located on the Activities page. Please read this information. All students interested in participating in activities must sign and return the proper portion of this form.
- **Activity Fee:** A one-time payment of \$40 that can be given to the student's respective building office administrative assistant in the form of cash or check OR may be paid online on the payment portal.

Please go to the Hellgate Elementary website. Look for the Hellgate Activities tab. Season dates, game schedules, and sports forms are available to download.

GIRLS' VOLLEYBALL (7/8) 09/03/24 - 10/09/24  
CO-ED SOCCER (6/7/8) 09/03/24 - 10/09/24  
CO-ED FLAG FOOTBALL (7/8) 09/03/24 - 10/09/24  
CO-ED CROSS COUNTRY (6/7/8) 09/03/24 - 10/09/24  
BOYS' BASKETBALL (7/8) 10/14/24 - 12/13/24  
DRAMA (6/7/8) 12/09/24 - 01/29/25  
GIRLS' BASKETBALL (7/8) 01/13/25 - 03/07/25  
CO-ED WRESTLING (6/7/8) 02/17/25- 04/04/25  
TRACK (6/7/8) 03/31/25 - 05/13/25

***\*DATES SUBJECT TO CHANGE***