

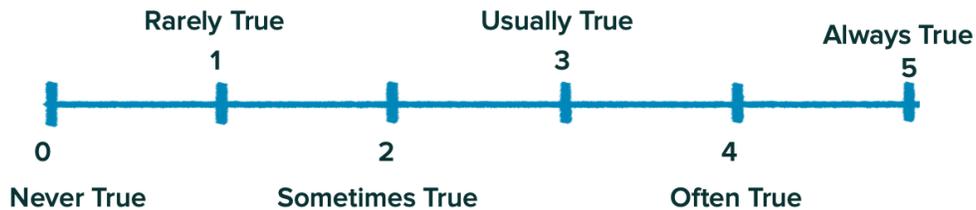
Event Packet: College Scavenger Hunt/Relationship Check-in

AGENDA	
ACTIVITY	DESCRIPTION
Welcome and Intro (5 min)	The facilitator will welcome pairs and review the event agenda.
Chat and Chew: Healthy Mindsets (20 min)	While eating, pairs will discuss healthy mindsets and evaluate their own perspectives.
Campus Scavenger Hunt (40 min)	Pairs will work collaboratively to complete a campus scavenger hunt.
Relationship Check-In (20 Min)	Pairs will reflect on their mentee/mentor relationship.
Event Close Out (5 min)	The facilitator will share important announcements and information.

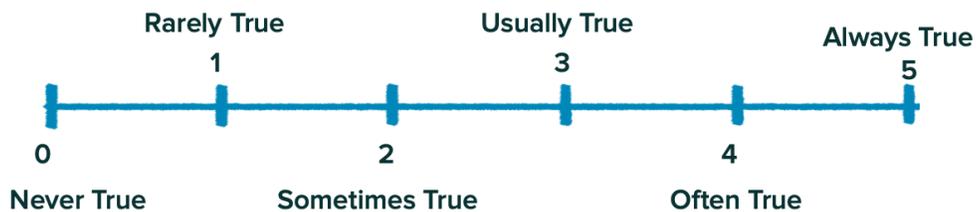
Chat & Chew: Healthy Mindsets

Directions: Adopting healthy mindsets is important because these perspectives help us stay optimistic and excited for our futures. For each statement, mark where you fall on the line. Explain why you chose your response to your other half; give specific examples to support your rating. If you find yourself answering 0-1 for any of these mindsets, talk through steps you can take to shift your mindset.

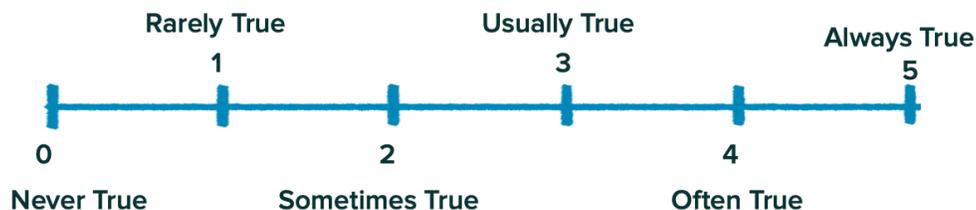
1) I turn to others for support when I am feeling overwhelmed or confused.



2) I do not give up easily when a situation becomes difficult.



3) The harder you work at something, the better you will become at it.



Campus Scavenger Hunt

Directions:

Pairs will be completing a campus scavenger hunt. Please choose a school of interest using the website Youvisit (<https://www.appily.com/virtual-college-tours>) and complete the virtual tour.

Youvisit will allow you to “step foot” on campus virtually. This is a great way to get a sense of what the campus feels like without having to visit in-person. We encourage pairs to use this tool all throughout your post secondary search. Youvisit is very easy to navigate. Please review the image below for a quick tutorial and make sure to answer the scavenger hunt questions below as you complete your virtual tour.

College Scavenger Hunt Questions:

- 1) Where can you go for a quick snack?
- 2) Where can you go to study for an exam?
- 3) Where can you go to meet others and make friends?
- 4) Where can you go to exercise?
- 5) Where can you go to ask questions about financial aid?
- 6) Where can you go to ask questions about your class registrations?

Relationship Check-In

Directions: Answer the following questions as honestly as possible. Record your answers to share with your facilitator.

1. What has been your favorite part of getting to know your other half?

2. What is one step you can take to grow your relationship with your mentor/mentee?

3. Are there any new norms you want to introduce to your pair relationship?

4. Mentee: What is one pair goal you have for this year? Why?