



**Donate/Join Midlo
Champions Together
Special Olympics Polar
Plunge**





Midlo Champions Together Polar Plunge

Donate/Join Here: <https://impact.specialolympicsva.org/team/462811>

- We have a group of staff members and students taking the plunge, please consider joining the team. You just need to raise \$100 and you get a free t shirt and take the plunge at Pocahontas State Park on December 10th. If you aren't crazy like us and want to take a dip in the cold water then please consider donating to our team. Half of the proceeds comes back to Midlo Champions Together Club/Team (inclusive).

WHEN: December 10, 2022

WHERE: [Pocahontas State Park](#)

10301 State Park Rd, Chesterfield, VA 23832

The Polar Plunge returns to Richmond to kick-off the 2023 Polar Plunge Season! Join us at Pocahontas State Park, where we'll be strutting our stuff and taking a chilly dash down the boat ramp –all for a great cause. Bring your friends and family out for a day of fun, music and food. Don't forget, we'll crown the best-dressed plunger, top fundraiser and VIP team. It's \$100 to take the Plunge, with cool incentives and chances to win prizes along the way!

SCHEDULE OF EVENTS:

- 10 am - Registration Opens
- 12:30 pm - Plunge Festivities Begin
 - Opening Ceremonies, Top Team + Individual Announcements
 - Costume Contest
 - Safety Briefing
- THE PLUNGE
- 1pm - Registration Closes