

Ice Breakers - Questions

DIRECTIONS: Create a copy of this document and choose the correct answer by highlighting the answers in PART 1. The answers in PART 2 are long answer questions, which you will need to write sentences. **SOURCE:** <https://www.youtube.com/watch?v=QUZEMkBnEVs>

PART 1 Questions:

1. **What activity does the speaker say makes them feel good and helps them clear their head?**
 - A) Playing basketball
 - B) Being on ice
 - C) Running on the track
 - D) Meditating
2. **At what age did the speaker start skating?**
 - A) 6 years old
 - B) 4 years old
 - C) 8 years old
 - D) 5 years old
3. **What nickname was the speaker given when they first started skating?**
 - A) Penguin
 - B) Rocket
 - C) Bambi
 - D) Skater
4. **What unique contribution did the Colored Hockey League make to the game of hockey?**
 - A) Introducing penalty shots
 - B) The slap shot
 - C) New skating techniques
 - D) Changing the size of the rink
5. **How does the speaker feel about being one of the few African Canadians playing hockey?**
 - A) Proud but lonely
 - B) Frustrated and unmotivated
 - C) Indifferent
 - D) Disappointed but hopeful
6. **What event caused the speaker's father to explain racial comments in hockey?**
 - A) A game in Halifax where both teams wore white jerseys
 - B) A game where the speaker scored multiple goals
 - C) A practice session with the coach
 - D) A community event

7. **What historical hockey league is highlighted in the transcript?**
 - A) The National Hockey League (NHL)
 - B) The Colored Hockey League of the Maritimes
 - C) The World Hockey Association
 - D) The Maritime Junior Hockey League
8. **What does the speaker learn about their family's connection to the Colored Hockey League?**
 - A) They had a great-great-great uncle who was an all-star in the league
 - B) Their grandfather was the league's founder
 - C) Their family donated equipment to the league
 - D) They had no connection
9. **What challenge did the speaker's father face as a hockey player?**
 - A) Lack of equipment
 - B) Discrimination and sabotage, like slashed bus tires
 - C) Injuries that ended his career early
 - D) Poor coaching
10. **What event celebrates the legacy of the Colored Hockey League?**
 - A) The Black Ice Society commemorative game
 - B) A yearly hockey banquet
 - C) A national exhibition match
 - D) The All-Star Hockey Championship

PART 2 Questions:

1. How do you think being one of the only Black players in hockey made the speaker feel? How might it have affected how they see themselves and the sport?
2. What do you think was important about the Colored Hockey League? Why don't many people know about it today?
3. The speaker and their family faced racism in hockey. How do you think that made them feel, and what could they do to stay strong?
4. Why is it important to learn about the history of hockey and the people who helped shape it? How can this help players today?
5. What can hockey teams and schools do to make sure everyone feels welcome and included in sports?