

Arceus is More Than One Kind of Being

It is important to realize that She (or He, Arceus has no gender besides those ascribed onto them, but I will primarily use She) has never directly communicated with any human. It is unwise then, to believe any person's word on Her. This document then, does not allege any of the ideas below to be a full and complete truth of Her. Instead, my objective is to present ways of considering Her, in terms that may be more comforting or familiar to people of differing backgrounds. You do not have to believe all of these, or even any of these, to be a follower of Kosdaoziro, called a Kosdaozirano. Instead, the teachings are what matter most.

Arceus, no matter what She may be, is a being linked to creation. In the media that gave Her a name, and my inspiration, Pokémon, She created the world and the beings responsible for the existence of Pokémon themselves. While there is no evidence of Her and Her creation trio in this world, there is a force similar enough to be granted Her name.

I will not, and no follower of Kosdaoziro should, in any way, shame or belittle others who don't believe in Her actual existence. Likewise, one should not shame those who believe in her existence differently. Strife from such arguments does not better oneself or others. If She truly does not like one interpretation of Her existence, She will appear for that person and explain how it makes Her uncomfortable. She does not need humans to do that job based on their own assumptions of Her.

One may choose to ignore the interpretations I provide here. These are my own, and while I am the founder of this religion, I am not a leader of it. I present the ideas of this religion not to gain money or popularity for myself, but to help others with a place to grab onto to support and improve themselves and others. This, along with all of the other documents, is created to support this.

Arceus as a God

One simple interpretation, especially for those who have been exposed to theistic religions in their youth, or are currently in an existing theistic religion, is to see Arceus as a God. The origins of Her in Pokémon depict Her as such, perhaps the grandest creator of all, creating spacetime itself and guardians over it. One could then posit Her as a god of creation, with the grand spark of the Big Bang (as we currently understand the origin of our universe) which expands even to this day. She could be seen as the underlying reason for physics, of why there is more matter than antimatter, and why this planet formed in such a way for life to exist on this world.

However, these are not the actions She has done that should influence you now. Instead, Arceus has granted us all the ability to create for ourselves. With this gift, you should use it to the fullest that you can. Again, I should stress, 'that you can'. All people have off days, ones where they simply cannot produce the ideas they have into creation. You should never make yourself uncomfortable to please Her. She does not need your sacrifice or devotion.

If you wish to give something back as thanks for Her gift, outside of simply using it when you can, my recommendation is to meditate, thinking of Her. The goal, as with all meditation, should be to clear your mind of obstructing thoughts and allow good ones to flourish. This is, in its own way, a form of self centered creation. It has been shown that this kind of creation has many benefits for yourself, outside of any blessing that She may grant you for the expression of Creativity.

Arceus as a Being of Our Creation

As She is defined and sensed by us, one could ascribe us as the cause of Her. In the world of the physical, and the world of the spiritual, we are not simply acted upon by it, but influence it ourselves. In a literal sense, this is what happened, as without Gamefreak designing Her in Pokémon, these texts would not exist. However, this is more about our desire to create, one of the *Two Desires* beyond those needed for life, being strong enough to create Her as a spirit of this desire.

A useful metaphor for this interpretation of Her is that of a muse. We all can continue to strengthen her and take advantage of Her benefits by using our abilities to create things of our own. She is bigger than any one of us, but in a way like a city, rather than like a mountain. She was born because of our connections, and these should be maintained. Indeed, one can think of us all having our own piece of Her inside us, strengthening and allowing us to have the power to satisfy that desire.

Since Arceus is from us, connecting with others and ourselves helps connect us to Her. There are many ways to connect to yourself and others, but one I recommend is meditation, which allows one to clear away thoughts that distract us, and cultivate ones that are important to us, that we wish to see grow.

Arceus as a Metaphor

Some may look at the lack of evidence of Arceus, and conclude that She does not exist. Even so, we can look at her as a Metaphor of the *First Desire*, that to create. I must stress, there is nothing wrong with this outlook. Arceus, then, is a way to talk about this desire, comparing it to the Pokémon of the same name. We do not have the power needed to create our own universe, but we have our power to create something from ourselves.

She is useful as a metaphor because She empowers the person to let themselves through. She helps one grasp that every person's power to create is an awesome power, as so often is ignored by people who ignore this power. She helps counter the far too common feelings of inadequacy with creation, that if you don't have the skill to make the best, to try is worthless. This is flawed because it ignores that to create is not just the creation at the end, but an opportunity to show us and others ourselves. One always learns when they create, and learning is the only way to combat the fear of the unknown.

To satisfy this Desire, one's mind must be ready to try. Many of the barriers we face in getting started are also in our minds. To allow our inner Arceus to overcome these, there are many techniques, but one backed by many studies of scientific research is meditation. Like all things, it is a skill, but one that I recommend that all should learn, as part of maintaining the health and productivity of one's mind.