

Weekly Lunch Menu Hive Cascais

Week: 15th to 19th September 2025

Time: 1 pm

Price:

- 15€ for Members (booking required)
- 16€ for Members (not booked in advance)
- 20€ for Non-members/ Guests / Roaming Members

Monday 22.09.2025

Roasted aubergines with olives, feta and cilandro VEGETARIAN, GF

Basmati rice

Tomato salad with mozzarella and basil VEGETARIAN, GF

Cake: banana bread with caramel vegan sauce VEGAN, NUTS, DF

Tuesday 23. 09.2025

Minced beef Bolognese DF, GF

Pesto gnochis NUTS, VEGETARIAN

Green leaves salad with apple and feta VEGETARIAN, GF

Cake: Sweet potato brownie GF, DF, VEGAN

Wednesday 24.09.2025

Leek "à brás" (sauteed leek with onion, fried potatoes, beaten eggs, black olives and cilandro)

VEGETARIAN, GF, DF

Roasted chickpeas VEGAN, GF, DF

Arugula salad with orange and walnuts NUTS, DF, VEGAN

Cake: carrot cake with cashew cream cheese frosting GF, VEGAM, NUTS

Thursday 25.09.2025

Roasted chicken with cherry tomatoes and cilandro GF, DF

Couscous with dried apricots and almonds and yogurt sauce NUTS

Green leave salad with cucumber and mango VEGAN, GF, D

Cake: mango lassi cake VEGAN, DF

Friday 26.09.2025 - INDIAN FRIDAY

Chickpea channa masala VEGAN, GF, DF

Chicken palak paneer GF

Basmati rice VEGAN, GF, DF



Roasted Indian bread VEGETARIAN Arugula salad with blueberry and almonds VEGAN, NUTS, GF Cake: lemon and blueberry cake VEGAN, DF