

FRUIT SALAD

(Serves 84)

21 bananas, sliced
21 apples, cored & sliced – **not** peeled
21 oranges, sectioned & diced
21 grapefruit, sectioned & diced

Let stand with bananas and apples on bottom and in 4 quarts of juice. Mix before serving.

Top fruit with cottage cheese and 1 tsp. sunflower seeds.

24 SALAD

2 10 lb. cans mandarin oranges, drained
2 10 lb. cans pineapple tidbits, drained
2 large pkgs. coconut
2 pkgs. small marshmallows
48 oz. sour cream

Drain fruit. Mix all together and refrigerate overnight.