

ARTICLES

Harvard Lions Club hosts Bare Hill triathlon, duathlon, and aquabike race

BY JORDAN HOOVER · FRIDAY, JUNE 9, 2023

On June 4, the Harvard Lions Club hosted its sixth Bare Hill triathlon, triathlon relay, duathlon, and aquabike events. All of the races started at 8 a.m.—in a challenging temperature of 47 degrees. During the morning races Pond Road was closed, but other traffic was unaffected, with police stationed at intersections so vehicles could pass runners and cyclists.

On the grass in front of the library, 255 racers got ready and tried to keep warm. In a gated area, bike racks had been installed for the races, and a large inflated archway marked the finish line. Upon checking in, participants had the opportunity to choose from a selection of breakfast items and snacks, including milk, granola bars, bagels, bananas, cookies, and water.

After a few words of encouragement and thanks from race director Joerg Hermans, the national anthem was played to open the races. Those who participated in the triathlon and aquabike race headed to the town beach at 7:40 a.m. for the swimming portion of the competition. Meanwhile, the duathletes started their first run from the library parking lot.

Twelve states were represented, with racers from other New England states and from as far away as Minnesota and Colorado. Competitors varied in age from 11 to 74 years and ranged from experienced runners to beginners.

“I’m just excited to see how I do,” Tewksbury resident Jackie Perry said. As a beginner runner, this was her first race. She heard of this running opportunity through her sister, who was competing alongside her in the duathlon. In preparation for his first duathlon, Reading resident Ryan Fargo said, “I ran twice a week, and I did this trail four times.” In the duathlon race, Perry placed 29th and Fargo placed 16th.



<https://harvardpress.com/ARTICLES/harvard-lions-club-hosts-bar-e-hill-triathlon-duathlon-and-aquabike-race-1>