

Dawn to Dusk Wellbeing Center
Theme: April Showers
April 2024

Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Have You Ever Seen the Rain? (Creedence Clearwater Revival)	Salon Day	2	National Walking Day	4	5
Singin' in the Rain (Gene Kelly)	8	9	10	11	12
Storms (Fleetwood Mac)	15	16	17	Adult Autism Awareness Day (Wear Blue)	19
Box of Rain (Grateful Dead)	22	23	24	25	April Birthday Celebration
I Can See Clearly Now (Jimmy Cliff)	29	30	1	2	3

Please remember that this is a *sample* calendar of the activities going on at Dawn to Dusk this month. You will receive an email with the link to your loved one's individualized calendar of activities, as well as their scheduled community and lunch outing days for the month of April.

To learn more, please email Emily at emily@dawntoduskwellbeing.com or call: 732-447-9426



Dawn to Dusk Wellbeing Center

Week of April 1st: Have You Ever Seen the Rain? (Creedence Clearwater Revival)



	Monday (Salon Day April 1st	Tuesday April 2nd	Wednesday April 3rd	Thursday April 4th	Friday April 5th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Mike Montrey
10:50-11:25	Book Club DSPs	Household Chores DSPs	Book Club DSPs	Household Chores DSPs	
11:25-12:00	Life Skills Activity Team	Recreation DSPs	Life Skills Activity Team	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Community Collaborative Activity Team, Ramel, Sakia, & Jhene	BINGO All Staff	Get Creative Jackie O.,Priya, Yolonda, & Jackie K.	Music Mike Montrey	Board Game Fun All Staff
	Creative Writing Melanie & Monica		STEM Linda & Jaqi R.		
	Sensory Station Maria & Tamika		Reading & Relaxation Diana & Richard		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of April 8th: Singin' in the Rain (Gene Kelly)



	Monday April 8th	Tuesday April 9th	Wednesday April 10th	Thursday April 11th	Friday April 12th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Valentine Bingo Activity Team	Music Enrichment Maureen	Valentine Bingo Activity Team	Music Mike Montrey
10:50-11:25	Book Club DSPs	Food Bank Packaging DSPs	Book Club DSPs	Food Bank Packaging DSPs	
11:25-12:00	Life Skills DSPs	Recreation DSPs	Life Skills DSPs	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Beads, Buttons, and More! Ramel, Sakia, & Jhene	Household Chores Jeopardy All Staff	What’s Cooking? Jackie O., Diana, & Activity Folks	Music Mike Montrey	Spring Fun Games Keri & All Staff
	Artist Study Maureen, Yolonda, Maria, & Kenny		Nature Club Linda & Jackie K.		
	Reading & Relaxation Monica & Yomary		Mindful Meditation Diana & Jaqi R.		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of April 15th: Storms (Fleetwood Mac)



	Monday April 15th	Tuesday April 16th	Wednesday April 17th	Thursday April 18th	Friday April 19th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Mike Montrey
10:50-11:25	Book Club DSPs	Who Am I? BHM Activity Team	Book Club DSPs	Who Am I? BHM Activity Team	
11:25-12:00	Life Skills Activity Team	Recreation DSPs	Life Skills Activity Team	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Community Collaborative Activity Team, Ramel, Sakia, & Jhene	PO KE NO All Staff	Get Creative Jackie O.,Priya, Yolonda, & Jackie K.	Music Mike Montrey	BINGO All Staff
	Creative Writing Melanie & Monica		STEM Linda & Jaqi R.		
	Sensory Station Maria & Tamika		Reading & Relaxation Diana & Richard		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of April 22nd: Box of Rain (Grateful Dead)



	Monday April 22nd	Tuesday April 23rd	Wednesday April 24th	Thursday April 25th	Friday April 26th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Tabletop Activities Activity Team	Household Chores Activity Team	Tabletop Activities Activity Team	Household Chores Activity Team	Music Mike Montrey
10:50-11:25	Book Club DSPs	Staff Choice DSPs	Book Club DSPs	Staff Choice DSPs	
11:25-12:00	Life Skills Activity Team	Recreation DSPs	Life Skills Activity Team	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Beads, Buttons, and More! Ramel, Sakia, & Jhene	Board Game Fun All Staff	What's Cooking? Jackie O., Diana, & Activity Folks	Music Mike Montrey	Spring Jeopardy All Staff
	Artist Study Maureen, Yolonda, Maria, & Kenny		Nature Club Linda & Jackie K.		
	Reading & Relaxation Monica & Yomary		Mindful Meditation Diana & Jaqi R.		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of April 29th: I Can See Clearly Now (Jimmy Cliff)



	Monday April 29th	Tuesday April 30th	Wednesday May 1st	Thursday May 2nd	Friday May 3rd
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Enrichment Maureen	Tabletop Activities Activity Team	Music Mike Montrey
10:50-11:25	Book Club DSPs	Who Am I? BHM Activity Team	Book Club DSPs	Who Am I? BHM Activity Team	
11:25-12:00	Life Skills Activity Team	Recreation DSPs	Life Skills Activity Team	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Community Collaborative Team, Ramel, Sakia, Jhene	Movie Event: Up All Staff	Get Creative Jackie O.,Priya, Yolonda, & Jackie K.	Music Mike Montrey	Movie Event: Up All Staff
	Creative Writing Melanie & Monica		STEM Linda & Jaqi R.		
	Sensory Station Maria & Tamika		Reading & Relaxation Diana & Richard		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal