

General Bereavement Course: Theories and Models on Grief and their implications in Chinese Context

Date: 14 November 2023 (Tue)

Time: 09:30 – 17:30

Format: Zoom

Language: English

Target audience: Health care and social care professionals

About the Course:

Studies and literatures on bereavement counseling have been rapidly developed in the past few decades. Scholars from around the world have made different innovative proposals on grief and bereavement. In order to offer a comprehensive understanding of bereavement counseling, we have invited world renowned scholars to introduce their famous models and theories. Researchers and practitioners would also make corresponding commentaries to illustrate their implications in Chinese context.

Course Schedule:

Time	Topic	Speakers
09:30 – 09:50	An Introduction to Loss, Grief and Bereavement[^] • The course • Concepts and definitions • Grieving process • Bereavement Care Model	Ms. Agnes Tin

An Overview of Grief Models and Theories:

09:50 – 10:15	Meaning-making Approach in Grief Counseling*	Prof. Robert Neimeyer
10:15 – 10:25	Commentary and Application in Asia	Mr. Ng Yong Hao
10:25 – 10:45	Continuing Bonds*	Dr. Edith Steffen
10:45 – 10:55	Commentary and Application in Hong Kong	Ms. Margaret Suen
10:55 – 11:10	Break	
11:10 – 11:30	The Six “R” Processes of Mourning*	Dr. Therese A. Rando
11:30 – 11:40	Commentary and Application in Hong Kong	Dr. Jiao Keyuan
11:40 – 12:05	Disenfranchised Grief*	Prof. Kenneth Doka
12:05 – 12:15	Commentary and Application in Hong Kong	Ms. Agnes Tin

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12:15 – 12:30	Q&A	Ms. Agnes Tin
12:30 – 14:00	Lunch	
14:00 – 14:25	How do Grief and Loss Affect the Brain?*	Prof. Lisa M. Shulman
14:25 – 14:35	Commentary and Application in Hong Kong	Ms. Apple Leung
14:35 – 14:55	The Dual Process Model^	Prof. Amy Chow
14:55 – 15:05	Commentary and Application in Hong Kong	Prof. Amy Chow
15:05 – 15:50	Prolonged Grief Disorder: An introduction to Diagnosis and Treatment*	Prof. Katherine Shear
15:50 – 16:05	Commentary and Application in Hong Kong*	Dr. Adrian Sham
16:05 – 16:20	Break	
16:20 – 16:40	Supporting the Bereaved^ • Engagement • Communication Dos & Dents • Practical Help • Continuing support	Ms. Apple Leung
16:40 – 16:55	Self Care^	Ms. Joy Wang
16:55 – 17:05	ADAPTS model^	Prof. Amy Chow
17:05 – 17:20	Q&A	Ms. Agnes Tin
17:20 – 17:30	Conclusion and Evaluation	Ms. Agnes Tin

*Pre-recorded video presentation

^Live presentation

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