

PROJECT WE+65

Volunteer Recruitment Brief

Project Overview

In partnership with Blossom Seeds Limited, Project We+65 aims to care for the seniors in our community. Through biweekly sessions with the seniors, the project aims to develop and implement sustainable intergenerational programmes among seniors and youths, while promoting the 2 aspects of health – social and physical health, with a focus on creating volunteering platforms for seniors of various mobility to contribute back to the community. We would be curating programmes and engagement sessions that can effectively reach out to the seniors and get them physically involved in our activities.

We aim to create a platform for them to network and stay active, enriching their lives and helping them age gracefully. Our programme is targeted at the diverse profiles of seniors at Blossom Seeds Limited, ranging from active and mobile to those who are more vulnerable and require more care. For more information about Blossom Seeds Limited, please visit their website <https://www.blossomseeds.sg/>.

General Details

Date(s): Biweekly Saturday Mornings

(Please refer to the volunteer timeline on Page 3-4 for more details)

Engagement Timing: 0900h - 1130h (except for Session 7 & 12)

Venue: Blossom Seeds (Blk 105 Canberra Street, #02-01/06 Singapore 750105)

**Note: While most sessions will be conducted at Blossom Seeds, there will also be outing sessions around Singapore*

Recruitment Details

Please sign up via the Volunteers@gov portal via [HERE](#)

Do note that there will be a short Tea Session conducted between 13/14/20 July 2024 for us to get to know you better. Kindly sign up for the tea session via the [form](#). Please kindly indicate in the form should you be unable to make it for any of the tea session dates.

The role descriptions and requirements can be found on the next page.

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Volunteer Befriender

Role Description

As a Volunteer Befriender (VB), you will support the EXCO and Volunteer Facilitators (VF) in implementing the programme, befriending and leading the seniors in the various activities planned, while engaging them in meaningful conversations.

Requirements

Age Range: 15 to 35 years old

Skills: Befriending, Ability to interact with seniors and have a heart for them

Commitment: Minimally 80% attendance rate, but highly encouraged for volunteers to attend all sessions

**see Volunteer Timeline on the next page*

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Volunteer Timeline

Phase 2		
Dates	Timing	Event
13 July - 20 July 2024	30-45 minute session	Tea Session with Volunteers
27 July 2024	1000h - 1630h	Volunteer Orientation & Training
Session #7 (3 Aug)	0900h - 1300h	<i>[Engagement Sessions] Biweekly from Aug to Oct If you are unable to make it for all sessions, you may still indicate your interest to register. The Exco will try to allocate the volunteers accordingly. However, the Exco still encourages you to commit to the programme as much as possible!</i> <ul style="list-style-type: none">Join us for lunch after the engagement sessions!
Session #8 (17 Aug)	0900h-1130h	
Session #9 (31 Aug)	0900h-1130h	
Session #10 (14 Sep)	0900h-1130h	
Session #11 (28 Sep)	0900h-1130h	
Session #12 (12 Oct)	0900h - 1300h	
26 Oct 2024	1000h-1300h	Volunteer Appreciation Day

Contact Us

Should you have any queries, feel free to reach out to our Volunteer Management team via our email: ycs.weplus65@gmail.com