

## **Ducks Volleyball Club Athlete Code of Conduct**

The Ducks Volleyball Club is dedicated to providing a positive, inclusive, and rewarding volleyball experience. As a member of our club, you are expected to uphold our values of respect, teamwork, and commitment. By agreeing to this Code of Conduct, you pledge to support your teammates, coaches, and volunteers while dedicating time and effort to your development as an athlete and a member of our community.

## **Athlete Commitments**

- 1. **Attendance and Participation**: I will attend all training sessions, games, tournaments, and club activities, including observing during injury for learning purposes, unless otherwise excused by my coach.
- Dedication and Focus: I will show dedication to my team by giving my full attention during practices, games, and all club-related activities, contributing to a positive team environment.
- 3. **Respect for All**: I will treat all Ducks Volleyball Club coaches, players, officials, administrators, and spectators with respect and courtesy, reflecting the club's commitment to sportsmanship.
- 4. **Injury and Health Reporting**: I will promptly report any injury or illness to my coach before participating in any competition or training session to ensure my safety and well-being.
- 5. **Openness to Feedback**: I understand that my coach will provide ongoing evaluations and constructive feedback to support my growth as a volleyball player, and I will approach this feedback with a positive attitude.
- 6. **Conflict Resolution**: I will address any concerns by first discussing them privately with my coach or assistant coach in an appropriate setting. If unresolved, I will follow the Ducks Volleyball Club's Concerns and Conflict Resolution Policy by escalating to the Technical Director or Board of Directors.
- 7. **Social Media Responsibility**: I have read and understood the Ducks Volleyball Club Social Media Policy and will adhere to its guidelines to represent the club positively.
- 8. **Travel Policy Compliance**: I have read and understood the Ducks Volleyball Club Travel Policy and will follow its rules during team travel.
- Adherence to Club Policies: I understand that failure to comply with this Code of Conduct or other Ducks Volleyball Club policies may result in consequences, including removal from the team or club.
- 10. **Upholding Volleyball BC Standards**: I will abide by Volleyball BC's Code of Conduct and Ethics during all Volleyball BC-sanctioned activities, ensuring I represent the Ducks Volleyball Club with integrity.

## Athlete Pledge

By signing up for programs as well as club teams and house teams, I confirm that I have read, understood, and accept the Ducks Volleyball Club Athlete Code of Conduct. I commit to embodying the club's values of respect, teamwork, and dedication in all my actions. I understand that non-compliance with these standards may lead to consequences, up to and including forfeiting my position on the team.