



WHAT TO BRING TO CAMP

2020

P.O. Box 113 / Waterbury, VT 05676 / 802-338-7382 / www.camp4me.org / info@camp4me.org

- Lunch and two healthy snacks every day
- Water bottle
- Backpack
- Clothes that can get dirty
- A change of clothes (*just in case!*)
- Rain gear
- Closed-toed shoes that can be used to play sports, catch frogs, and run around in
- Bathing suit and towel every day (*Wednesday is our swim day but if it's hot we'll play with water on other days too*)
- Sunscreen (*please apply sunscreen before coming to camp; extra can be applied throughout the day as needed*)
- Necessary medications
- A GREAT ATTITUDE!

revised June 2019