

Workshop Descriptions

Saturday, April 26, 2025 Workshop #1- 10:45AM - 11:45AM

	Bud Brown - Just Ask Asking people about themselves is a powerful way to get results. In this workshop, Bud will share some of the methods he presents in his book, The QUESTion.
	Tristin Burns – The Vision Keeper This workshop will help you identify factors that may be sabotaging your success in various KEY areas of your life. When you play all out, the principles and guided activities will help rightly align you to intentionally steward each area of your life well, so you can successfully fulfill your life-assignments without neglecting your family, freedom, or finances. Get ready to Ignite, Influence and Invoke Positive Change™ within your sphere of influence!
	John Wang – Effectively Managing Difficult People This workshop will equip participants with strategies and tools to effectively manage and collaborate with difficult people, fostering a healthier and more productive work environment. In today's fast-paced and interconnected world, effectively managing difficult people is more critical than ever. Here are a few reasons why it's particularly relevant at this time: Factors that make it important are: ● Increasing Work Complexity ● Heightened level of stress ● Engaging and retaining valuable people
	Anja Gangur - Turn Your Pathway Upside Down By knowing our end goal, we can work our way backwards to see what elective presentation we would like to give in level 3 and 4 and what speeches we should concentrate on in level 1.

Saturday, April 26, 2025 Workshop #2 - 1:45PM - 2:45PM

	Johanna Janssen - Strategies of Story Telling This workshop will help participants develop their skills using "show" vs. "tell", a common writing principle where "showing" means describing actions, emotions, or settings in a way that allows the reader to experience them directly, while "telling" involves directly stating information or emotions resulting in a dryer presentation.
	Shane Castle - AI Demystified: The Tech Reshaping Our World In just a few decades, artificial intelligence (AI) has evolved from science fiction into a vital force transforming industries, communication, and daily life. "AI Demystified: The Tech Reshaping Our World" explores AI's fascinating journey—from the birth of neural networks to today's groundbreaking advancements. We'll examine how agentic AI and robotics are driving innovation to exciting new frontiers, including a live demonstration of the advanced AI available today.
	Michael Whitehouse - Your True Calling Leads to True Success Many people spend their time trying to impress others: our boss, our spouse, our parents, our kids, our friends. We chase approval, success, money, happiness, but the more we chase it, the farther away it seems to get. In this workshop, Michael will help you to reconnect with your authentic self, your true calling.
	Mallika Sothinathan - When Words Take Flight The workshop will explore the transition from journal writing to script writing, and ultimately to film writing for both documentary and fiction, using my books "Maa Beti" and "Lokhi" and Participants will learn how to adapt personal narratives and poetic works into visual storytelling formats.

	Kristina Johnston - Art of Effective Evaluations Delivering evaluations and feedback can be unnerving. Do you ask yourself, 'How do I do this? or How can I offer more constructive feedback that can help the person grow?' Perhaps, you feel the person is 'So Good', that you have nothing to contribute. These skills are vital to helping people grow with their speeches but also are very transferable to delivering effective evaluations and feedback in a work environment and at home. Whether you want to learn how to evaluate as a new Toastmaster, how to enhance your skills to the next level, or perhaps you want to develop your skills to be able to offer very specific and useful tips, this workshop will help you grow as an evaluator and help you be able to offer feedback in a constructive and positive manner.
	Shauna Van Mourik – AI for Thought Leaders: Amplify Your Voice & Impact This workshop bridges the gap between message clarity and personal confidence, blending AI-powered insights with practical, human-centered strategies to help attendees refine their personal brand and step into their thought leadership with certainty.
	Novelette Gordon - Rev Up Your Journey Do you want to elevate your leadership and personal growth? Don't know how, this workshop is a must for you to attend. This workshop is to help you reflect on where you are in your life's journey and taking the next steps you need to foster greater personal development. A friend once said, "Don't let your dreams only be dreams." If you are looking for honest opportunities, tangible connections and inspiration to put dreams into action, this workshop will be the catalyst.
	Heather Skoll - Leadership: Good to the Last Drop Where are you in your leadership journey? Are you on the Executive team with your club? Are you considering running for a position? How can you get the most of your leadership experience? Look back at your leadership journey, or learn from other leaders. Look forward to completing your leadership journey, or moving on to the next step. What can benefit you the most at this time on your Toastmasters journey? How can you get the optimum out of your experience as a leader at Toastmasters?
