
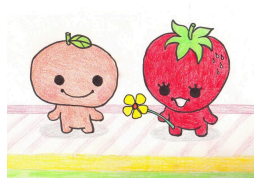



# MOUNT VERNON COMMUNITY SCHOOL SEPTEMBER 2025 BREAKFAST MENU-ELEMENTARY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  <b>No School Labor Day</b>	<b>2</b> Ham & Egg Combo Bar or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>3</b> Banana Split Parfait w/ a Muffin or Cereal & Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>4</b> Turkey Sausage & Egg Breakfast Croissant or Cereal & Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>5</b> Long John Donut or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup
<b>8</b> Pancake Sausage Wrap or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>9</b> Cheese Omelet Cereal w/ Toast or a Muffin Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>10</b> Mini Cinnamon Donuts or Cereal w/ Toast Strawberry Yogurt Cup Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>11</b> Breakfast Pizza Bagel or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>12</b> Frosted Long John Donut or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup
<b>15</b> Mini Pancakes or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>16</b> Ham & Egg Combo Bar or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>17</b> Banana Split Parfait w/ a Muffin or Cereal & Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>18</b> Turkey Sausage & Egg Breakfast Croissant or Cereal & Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>19</b> Frosted Long John Donut or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup
<b>22</b> Pancake Sausage Wrap or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>23</b> Cheese Omelet Cereal w/ Toast or a Muffin Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>24</b> Mini Cinnamon Donuts or Cereal w/ Toast Strawberry Yogurt Cup Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>25</b> Breakfast Pizza Bagel or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>26</b> Frosted Long John Donut or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup
<b>29</b> Mini Pancakes or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup	<b>30</b> Ham & Egg Combo Bar or Cereal w/ Toast Hard Boiled Egg Fresh Buffalo Ridge Orchard Apple, Banana, or Peaches & Fruit Juice Cup			

A variety of milk and fruit juice are offered daily along with butter, jelly, and sunbutter.

To make a complete breakfast you need to choose 3 items offered this must include one option of fruit or fruit juice. Less than 3 items chosen or more than 5 and each item will be charged as ala cart. The best value is to have a complete breakfast!

ALL POSTED MENUS ARE SUBJECT TO CHANGE DUE TO SCHOOL SCHEDULES, SPECIAL OCCASIONS, OR FOOD AVAILABILITY.