- **Mind, Meditation, Spirituality**
    - Dream Yoga - Andrew Holecek
    - The Most Important Thing, Volume 1 - Adyashanti
    - The Most Important Thing, Volume 2 - Adyashanti
    - The Mind Illuminated - John Yates, PhD (Culadasa)
    - The Intuitive Way - Penney Peirce
    - The Future of Spirituality - Ken Wilber
    - Flow - Mihaly Csikszentmihalyi
    - Becoming Nobody - Ram Dass
    - The Subtle Body - Cyndi Dale
    - The Way of the Superior Man - David Deida
    - The End of Your World - Adyashanti
    - Science of Enlightenment - Shinzen Young
    - Siddartha - Herman Hesse
    - Wheels of Life - Anodea Judith, PhD
    - Out of Your Mind - Alan Watts
    - Psychotherapy East and West - Alan Watts
    - Spiral Dynamics Integral - Don Beck
    - The Art of Letting Go - Richard Rohr
    - Supernormal - Dean Radin, PhD.
    - Lightworker's Guide to the Astral Realm - Sahvanna Arienta
    - The Evolving Self - Mihaly Csikszentmihalyi
    - Buddhist Tantra - Reginald A. Ray, PhD
    - The Lost Teachings of Yoga - Georg Feuerstein
    - Shamanic - Virginia Harton
    - Neurosculpting - Lisa Wimberger
    - Kosmic Consciousness - Ken Wilber
    - The God of Fire - Robin Sacredfire
    - Awakening Kundalini - Lawrence Edwards
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- **Fitness**
    - Life in the Fasting Lane - Jason Fung, MD
    - Breathing for Warriors - Belisa Vranich
    - The Pleasure Trap - Douglas J. Lisle
    - Intuitive Eating - Evelyn Tribole
    - The Wim Hof Method - Wim Hof
    - The Kama Sutra of Vatsyayana - Mallanaga Vtsyyana
    - Holotropic Breathwork - Stanislav Grof, M.D.
    - Mind-Body Medicine: The New Science of Optimal Health - Jason M. Satterfield
    - Healthy Sleep - Andrew Weil
    - Breathing - Andrew Weil
    - Science of Breath - Yogi Ramacharaka
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- **Business / Productivity / Psychology**
    - Fail Fast or Win Big - Bernhard Schroeder
    - Leadership Strategy and Tactics - Jocko Willink

    - The ONE Thing - Gary Keller
    - Conscious Capitalism - John Mackey
    - Persuadable - Al Pittampalli
    - Nonviolent Communication - Marshall Rosenberg
    - Acceptance and Commitment Therapy - Steven C. Hayes
    - 40 Days to Positive Change - Kelly McGonigal
    - Leap First - Seth Godin
    - The Art and Business of Teaching Yoga - Amy Ippoliti
    - Alchemy - Rory Sutherland
    - The Art of Seduction - Robert Greene
    - Taking Smart Risks - Doug Sundheim
- **Other Fun Readings**
    - When Plants Dream - Daniel Pinchbeck
    - Oneness vs. the 1% - Vandana Shiva
    - The Age of Cryptocurrency - Michael J. Casey
    - Think India - Vinay Rai
    - The Elephant and the Dragon - Robyn Meredith
    - Whose Global Village? - Ramesh Srinivasan
    - The Ancient Indus Valley Civilization's Biggest Cities - Charles River Editors
    - Becoming Animal - David Abram
    - The Yugas - Joseph Selbie
    - The Culture Code - Clotaire Rapaille
    - Underworld - Graham Hancock
    - The Quantum Doctor - Amit Goswami, PhD
    - Dr. Andrew Weil's Guide to Optimum Health - Andrew Weil
    - Mad Monk Manifesto - Yun Rou
    - The Problem of Increasing Human Energy - Nikola Tesla
    - Never Get a "Real" Job - Scott Gerber
    - Cracking the Human Software - Sadhguru
    - The Pineal Gland - Manly P. Hall
    - You Are the Placebo - Dr. Joe Dispenza
    - The Meditation Summit: Volume 1 - Reginald A. Ray, PhD
    - The Kundalini Equation - Steven Barnes