

When did you start shooting? When did you start coaching?	2003 at the age of 52. Began doing more coaching when we came to Florida 2016 with the youth SCTP program.
What type of shotgun do you shoot?	Syren L4S Sporting Deluxe 12/30 – SyrenUSA Pro Staff since 2018
When and how did you get involved with the Honeybelles?	Founding member and administered the program from 2017-Winter 2025
Why did you become a coach?	To share my passion for shooting clays by helping other women enjoy the sport. It is very rewarding to see people learn and grow.
What is your favorite discipline in the shooting sports?	FITASC, Super Sporting
What certifications do you hold?	NSCA Level 1 Instructor, NRA Shotgun Instructor, Referee, Master Class
Accomplishments	18 years NSCA Ladies All American, 2008 NSCA Ladies Team USA, 2013 ICTSF Ladies World English Champion, FSCA Shooters Hall of Fame, FSCA Former Vice President, NSCA National Delegate, 2026 Recipient NSCA Hall of Fame Inductee, Hal DuPont Service Award
What other hobbies do you pursue outside of the shooting sports?	Fishing
What is your current profession or former profession?	Worked for Maryland State Government: Desk Officer for House of Delegates then Special Asst to Governor's Policy Director. Finally, for a Law Firm coordinating their Lobbying Practice. Came to Florida... now Teaching
Your favorite thing about shooting sports?	Being personally responsible for clays dissolving in mid air. Plus, the look on Ladies faces when they crush their first target.