- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	Talk to coach
2. 🗸	1	Stage 12
3. 🔽	2	French Study
4. 🗸	3 -	Set up Hunter.io/apollo.io
5. 🔽	2	Math review
6. 🔽	1	Orchestra practice
7. 🗸	2 -	Membean
8. <u>//</u>	2	Stretch
9. 🗸	2 -	Look at World unit
10. 🔽	2 -	Missions
11. 🗸	2	Mod Role
12. 🗸	2 -	English Revision
13. 🔽	2 -	Orchestra Video
14. 🔽	3 -	Affiliate Video
15. 🔽	3 -	Check Emails
16. / /X	3 -	
17. 🔽/🗙	3 -	
18.	3 -	
19.	3 -	
20. 🔽/💢	3 -	

Day Number: 2

Date: 3/13

Start Of The Day - Time: 6:30

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	Porsche 911
2.	Orchestra concert
3.	First client



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 6 am: Task \$	Dishwasher and pack lunch
🔔 Intention 🔔	Move efficiently and don't have morning slowness
/ Reflection /	Pretty big dishwasher load but I still got it done
\$ 7 am: Task \$	Dresses, breakfast, pack, get to school
🔔 Intention 🔔	Finish out my morning routine to get out of the house by 7:40
/ Reflection /	Got to school on time
\$ 8 am: Task \$	Get ready for class, start of English
🔔 Intention 🔔	Look at bulletins before class starts
/ Reflection /	Started class with an L assignment
\$ 9 am: Task \$	End English, start Orchestra
🔔 Intention 🔔	Get through classes, practice for playing in front of class

Started orchestra good, touched up on some things

/ Reflection /

\$ 10 am: Task \$	Orchestra
🔔 Intention 🔔	Play for class, record
/ Reflection /	Went well, class is super slow
\$ 11 am: Task \$	Finish Orchestra, Lunch
🔔 Intention 🔔	Quick mental break w/friends
/ Reflection /	Little slow during lunch but ok
\$ 12 pm: Task \$	Flex Period
🔔 Intention 🔔	Study, cardio
/ Reflection /	Little distracted, did march madness bracket
\$ 1 pm: Task \$	Math Class
🔔 Intention 🔔	New Unit
/ Reflection /	Boring af

\$ 2 pm: Task \$	Finish math, get ready for practice
🔔 Intention 🔔	Class still boring, got ready
/ Reflection /	Pretty good
\$ 3 pm: Task \$	Practice
🔔 Intention 🔔	Knee recovery
/ Reflection /	Had to do biking, tedious and annoying
\$ 4 pm: Task \$	Practice
🔔 Intention 🔔	Knee recovery
/ Reflection /	Again, tedious and annoying
\$ 5 pm: Task \$	Stretch and team photos
🔔 Intention 🔔	Get a good deep recovery stretch in
/ Reflection /	Waited a whole 35 minutes in the cold for this photo, wasting precious moneybag minutes
\$ 6 pm: Task \$	Shower, check computer, start to eat

🔔 Intention 🔔	Do a quick wind down, get a nice shower in and get good
/ Reflection /	VERY distracted when I came home, get my act together but running behind
\$ 7 pm: Task \$	Finish eating, start hw, NHS application, organize
🔔 Intention 🔔	G work session 💪
/ Reflection /	NHS application was a lot longer than I thought, worked through the whole hour on it, still grinding
\$ 8 pm: Task \$	Finish NHS application, organize, hw, TRW
🔔 Intention 🔔	Make this my most productive hour
/ Reflection /	Finished the parts of the application I can do now, organized, and started stage 12
\$ 9 pm: Task \$	Finish stage 12, snack, last grind before bed
🔔 Intention 🔔	Finish out stage 12 and touch up on last things before bed
/ Reflection /	Good end to the day, got my final things done
\$ 10 pm: Task	Get to bed
\$	
🔔 Intention 🔔	Off phone and computer, unwind

End-Of-The-Day Report:

What Do I Plan To Do Differently Tomorrow?	
Spend less time on my phone after I get home from practice. Learn how to be productive in school (literally matrix cess pit)	
What Do I Plan To Do The Same Tomorrow? NEW	
Finish my day strong, clear my checklist	
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧	
Classmates about missed notes during advisory trip	
Finish bootcamp, land client	

Brain Dump: School is the biggest breeding ground for no productivity. It is the hardest place to find a rhythm and get into the flow state. How tf am I gonna get rich if I deal with this bs TEN HOURS A DAY?