Bridging

To move crypto from one blockchain to another, you'll need to do what is known as crypto bridging.

A crypto bridge gives you power to transfer digital assets and information from one blockchain to another.

Crypto bridging offers lower fees and faster transactions when moving tokens across blockchains, particularly beneficial on Ethereum compared to Polygon.

Blockchain bridges can also be useful in Defi applications, allowing lenders and borrowers to convert tokens to their preferred blockchain.