Forbidden Love

The guilt is killer, the feeling of overwhelming emotions that are too strong to hide.

It's beyond messed up, yet it's an unshakeable feeling. Keeping it bottled up is almost impossible.

It makes life hard, constantly feeling guilt for a feeling you just can't shake; it's not your fault, but you're stuck picking up the pieces. Though it's not your fault, the emotions make you question if it might be your doing, and if you're at fault.

It comes over your life and takes control, causing you to constantly be on edge and push those you love away simply because they got too close.

The denial is hard to push away as it slowly rises up harder and harder each time, persistent and continuous.

It's as if I'm stuck in a box, filled with feelings I never wanted, never asked for, and desperately want to get rid of.

The constant guilt is overwhelming; it's lonely knowing you're stuck, no one you can tell, no one you can trust, except yourself.

It's a continuous battle between you, your mind, your emotions, and your actions.

It's an impossible battle, and the snake of what was your mind keeps coming back for more, until all that's left is a broken spirit and a wound.

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