## A Stuy JUNiE's Guide To:

# **Electives Selections**

# **Preface**

Hey everyone! We have tried to condense and centralize the information regarding the electives selections in this doc and we hope that it is useful! Please remember that **we are human and that we make mistakes**, so if there are any errors or suggestions that you have to make this doc better please <u>let us know!</u>

#### HUGE THANKS TO JADY CHEN!!!!

Also thanks to **ISABELLA CHOW**, ZOE NG, Alena Chen, Julia Czech, Giridhar Bonu, Keith Yu, Berry Ongan, Sophia Wan-Brodsky, Luca Adeishvili, and Ryan Lee!

# **Key Info:**

- The best way to navigate this document is by using the document outline
  - o Go to "View" on the top right, below the title of the document
  - Press "Document Outline" in the dropdown
  - Or just use the **table of contents**!
- How to select courses:
  - Log into Talos
  - Click on Graduation Requirements
  - Click on Course Selection Form
- If you have any questions, feel free to ask us or your guidance counselor (they're very nice people and would love to help)
- Selections begin for JUNIES on Tuesday, November 30th, 2021 at 4 PM
- Make sure to get your selections in by Monday, December 13th at midnight!

# **Good Resources For Finding More Info:**

- <a href="https://talos.stuy.edu/core/courses">https://talos.stuy.edu/core/courses</a> (search up your courses for more information, DISCLAIMER: may not work for all courses!)
- <a href="https://stuy.enschool.org/">https://stuy.enschool.org/</a> (Click the search button and type in your subject, there's TONS of great info on each course!)
- FAQ + Instructions for Course Selections
- https://www.facebook.com/groups/stuyclass2023
- Katerina and Ayala's Sophomore Course Guide
- Course Guide on English electives and APs

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# **Social Studies**

# **Social Studies Electives**

## Regeneron: Social Science Research

- Taught by Ms. Schweitzer
  - "Super willing to help"
    "Social Sci is taught by Schweitzer and she's mad chill as always in that class and also micro/macro if you wanna take that later. Pretty light work, no tests, and really easy grade if you put in a good amount of work and try. It also fulfills your 10-tech requirement if you don't have music so I'd say it's really worth. J fyi it's a little diff than other 10-techs bc it's half in junior year half in senior year"
- For those interested in **social science** and methods of **applying** social science
- Studies readings of academics and **thinkers** from social sciences (Karl Marx, Foucalt, etc.)
- Studies anthropology, economics, sociology, psychology, political science, and history.
- Studies methods of **creating research papers** to solve problems involving social science to prepare students to create their own research papers.
- Work is mostly reading textbooks and annotating, while also reading other papers outside of the textbook.
- 10 tech fulfilled if the research paper is completed and submitted on time.
- Mostly discussion-based.
- Limited to Juniors second semester and Seniors first semester.

## **Modern China**

- Taught by Mr. Boericke
- This course will examine **China's rise as an economic and geopolitical power.** It will explore domestic issues and the evolution of society in Modern China. These issues will be explored through the **examination of current news articles** in both western and Chinese media.
- "Super cool class that's very light and you actually learn a lot"
- "It essentially is a class on the modern state of China (ex. Belt and Road Initiative, repression of Uighur Muslims, Falun Gong). Each of the different units in the class focus on a different aspect of modern China; some units are human rights, education, economy, gender, and geopolitics. At the end of each unit, we have to write a paper, using technical writing, on the unit's topic, but for human rights and geopolitics, there are tests. We mostly read articles, watch documentaries, and discuss them after. The class itself has a light workload; Mr. Boericke usually doesn't assign homework. If he does, it is usually just to read an article. He grades papers leniently and sometimes curves tests. Mr. Boericke is really knowledgeable and you will learn a lot.

### **New York City History**

- Taught by Mr. Sandler
- An elective aimed at tackling New York City's transition from a Dutch fur trading post, to a
  booming cultural metropolis of the modern day. A large portion of the curriculum aligns
  with US History material, yet is narrowed down to events that specifically pertained to
  and affect New York City.
- Areas of study include Bloomberg's legacy, gentrification, the role of immigrants and social activists, the Hip-Hop revolution and more.
- This elective has a reputation for a **high workload**, but that shouldn't discourage students from applying, as it has been described as a **rewarding** and **insightful** class by students and teachers alike.
- "Very good class with an **amazing** teacher. It has a lot of fun trips to go to, and it was definitely a fun way to say goodbye to New York City as a second term senior leaving for college."
- "On a related note, it's pretty **hard to get into if you're not a senior.** If you somehow got in tho, yeah definitely take it lol"
- "Sandler teaches NYC History and he's a chill teacher but his homework is a bit much"
- Also he does sometimes lose track of time
- "First off, no, sandler gives a lotta homework for his electives. Secondly, this is an unwritten rule of stuy so i can't say that you can't do this, but PLEASE don't sign up for NYC history as a junior!!! It is **super oversubscribed** and one of the most requested courses for seniors, and it's common practice to wait your turn until you're a senior to take it!!! This is the **number 1 course** I (and many others) want to take at stuy, and I (and many others) will be frustrated as hell if spots are taken up by juniors!" Anonymous alum

#### **Spanish Civil War**

- Taught by Mr. Hanna
- Much like his Middle Ages elective, the Spanish Civil War elective is a course dedicated to the study of the Spanish Civil War and how it affected WW2-Era Europe.
- Students are expected to **participate** in the discussions and read the assigned material
- "I LOVED THAT CLASS IT WAS RLLY CHILL AND WE HAD THIS **SUPER COOL END OF THE SEMESTER PROJ** WHERE WE WROTE THIS MINI AUTOBIOGRAPHY ABT A VETERAN WHO

  PARTICIPATED IN THE WAR"
- "it's rlly cool cuz u get to research and look at old archives. In person, he'll prolly bring you guys to **nyu library** where they have actual archives and u can research abt ur person. Everything also gets published onto a website!!"
- "it was a lot **lighter** (than hanna's usual classes) since we watched a lot of films and vids"
- "And I think he gave **quizzes** and I don't rlly remember any dbq but I do remember him giving us diff docs and we had to write some form of a **leq**" Class of 2023

# **Sciences**

# **Science Electives**

#### **Nutritional Science**

- Taught by Ms. Quenzer
- Students will study **nutrition** in different stages of life, as well as **nutrition on the news**, **food labels**, **magazines and nutritional misinformation**.
- "The class has a lot of **project based** work but there is a possibility of you getting burned out if you aren't too interested in the subject."
- "The class is almost entirely project-based and we always work in groups. There's **almost no homework** and there's been **no tests** so far. It's a really chill class and the curriculum seems to be really **flexible**." -Junior

#### **Forensic Science**

- Taught by Mr. Horenstein
- Students will study all aspects of **forensic science** with an emphasis on **inquiry-based learning**, incorporating their prior knowledge into real-world applications and experiments.
- Must pass Living Environment to apply
- "Forensics is extremely relaxing, especially when Dr. Horenstein does his meditation sessions and the workload makes the class easily manageable. He also does super creative activities like making our fingerprints with pencil lead and tape"
- "The content is **interesting** and he makes sure we know the nuances of forensic science"
- "forensics is a super super chill class. there's not a ton of homework but you basically analyze different techniques in analyzing a crime scene, like blood spatter. it also integrates science with law, which i find super super interesting and horenstein shows a lot of true crime case examples, which really grounds the course in real life. it's mainly **project based** and we've done a couple of cool ones (like creating your own crime scene or recording your own fingerprints, which is what we're doing right now). there are **no tests** in the class, though he gave **one quiz so far.** and horenstein is AMAZING he's so so **caring** of his students and really tries to help us all and does a bit of meditation at the start of the class to destress us all which is just super nice of him to do"
- "Forensics is taught by Dr. Horenstein, and as a student who's taking it this semester, I don't think it's particularly difficult. He's a super nice guy with a cute cat, and is understanding and patient. He generally gives very little hw, and there hasn't been a single exam of any sort so far. The hw he gives is just very occasional textbook questions, but even those are usually pretty short. He's very fair with grades. One drawback that I experienced so far is that he once assigned 3 group projects overlapping each other, although they had different due dates. He is a fan of group projects in general, but the projects are usually

- creative, involving stuff like constructing, documenting, and taking a video of a crime story that your group thinks of, or listening to a podcast that investigates crime."
- "I loved forensics! Dr. Horenstein is a really nice teacher, and for someone who is a true crime junkie (like me), the class is a really interesting learning experience. I did have him remotely, but he didn't give any tests (only projects), and the workload was very light. Overall a great chill class to take if you are interested in forensics!"

#### **Medical Human Genetics**

- Taught by **Dr. Nedwidek-Moore** 
  - o she is really nice and uses her google classroom like an Instagram feed
- "Class is 2/3 Mendelian genetics and 1/3 molecular genetics, for which it should be similar in person. I have heard that she gives a lot of tests in person and that she is harder."
- "Genetics honestly isn't that bad. However, **it is a hard course.** Don't take it if your not interested in the subject. It's suffering but since I enjoyed the topic I was willing to suffer. In the **end it was all worth it** tbh."
- "I loved the class- probably partly because Dr. Ned and I already knew each other, and I was already familiar with her teaching and testing style (since I took Genetics Research the fall before). It was studying the relationship between our genes and our health, and we spent most of the instructional classes learning about different genetic diseases (their inheritance, impact, current research and possible cures). in the second half of the class, we each got assigned (with some preference) a genetic disease to research. I got HBOC, hereditary breast and ovarian cancer. after we had researched the disease, our big final project was to research for and develop a theoretical treatment and cure. it had to be genetic and molecular treatment, but that was about as restricted as we were. dr. ned helped us through the research! once we had developed our cures, we had to give formal presentations on the disease and our cure, as well as write formal research papers describing our theoretical cure! since I want to study genetics and go into medicine, it was pretty much the perfect class for me!!! it can be intense purely because dr. ned is a very intense person but once you get into the rhythm of her style, you can learn SO much from her!!" Senior, Class of 2022
- If you took genetics in the fall, the stuff you learn is pretty much the same except you have to do an infamous research paper where you need to cure an incurable disease! The homework can be rough, the tests are open book and pretty easy... As for the paper part, it needs to be at least 10 pages with a figure representing your cure long then condensed into a few slides to be able to present in a few minutes." Junior, Class of 23

#### **Urban Ecology**

- Taught by Ms. Maggio
- "It's studying the ecology and environments of cities, part of the class was actually field trips (I think the requirement was to go to 8!)."

- o "I even went camping for that class (so worthwhile)!"
- At the same time, the class is a lot of work
  - While **there are almost no tests**, there are many projects and packets
    - If you work **diligently** your grade should be alright
- "The first marking period was genuinely interesting since it actually covered ecology, but it quickly devolved into city planning and pollution pollution pollution. There is only **one test** the semester along with **3 large projects** that make up most of your grade and every week or so you have to write a "reaction" paper, 2 pages of research about a topic she assigns. It's more work than my AP world class."
- "The class is **project/presentation and paper based.** Ms. Maggio usually gives an ample amount of time for each assignment to be done, and she is pretty lenient with due dates. There are no tests, and not much is actually done in class. If you have good time management and don't procrastinate that much, **it's an easy grade**. Ms. Maggio is super chill and jokes around a lot. You basically learn how people in suburbs and cities interact with the environment and issues in urban areas around the world." Junior, Class of 2023
- "Urban ecology is a good class if you enjoy doing a lot of projects and presentations.
  The workload can be demanding at times but the deadlines are usually pretty lax. Ms.
  Maggio is nice, and her classes usually don't follow a strict routine."

## **Human Diseases**

- Taught by Mr. Citron
- This course will integrate concepts in **general biology** and **chemistry** with the **symptoms**, **diagnosis** and **treatment of human diseases**.
- Topics include trauma, medical emergencies, respiratory disorders, gastrointestinal symptoms of disease and neurological disorders.
- "It's a course taught by mr.citron and basically delves into physiological processes that cause diseases/injuries and talks about pathology throughout the body. Would highly recommend be citron is such an amazing human being and knows so much, also a great predecessor for medical classes if you're into that. It can be work intensive but very interesting and you learn things like how to use a bp cuff and stethoscope"
- "any class with citron is worth it"
- "it's hard to get in because juniors and seniors want it citron is so amazing def worth it"
- "it's a really light class Imfao and amazing teacher"

#### Science Fiction Cinema

- Taught by Mr. Miner
- YOU MUST PASS PHYSICS FIRST TO TAKE THIS ELECTIVE
- "sci fi cinema was **watching movies in class w 3 projects** (2 of them required some work but he gives a lot of time) and some **short hw** assignments occasionally. it's a really chill, easy, fun class w pretty high grades"

- "It's a **light** class and there's not much daily work and most projects can be done relatively quickly."
- "SciFi cinema was so chill. Miner is a **great** teacher and he really likes interacting with the class. Half your grade is basically **participation**, and the other half are the **projects**, which he gives u a fair amount of time to work on."
- "Take cinema, it's the best class no cap"
- "sci fi is so so chill, like we just watch movies in the dark. the films miner shows r p cool to think abt too, tho his journals/write ups can b work"

### Science and Society

- Taught by Ms. Pluchino
- Topics include experimental design, the media, public policy, and ethics.
- "You have case studies where you read documents and what parts of science it relates to"
- "We are talking about science ethics now. It's a good class, fairly straightforward. Theres tests occasionally like every unit. And there's usually no hw" Junior, Class of 2023
- "[The] class was originally called science ethics so there's ethics lol. the class is aimed towards improving scientific literacy, which is basically can you read something sciency and make understanding of it. so like understanding experimental design, pseudoscience, scientific method, etc" Senior, Class of 2022

## **Engineering for Global Challenges**

- Taught by **Ms. Hua**
- "It's taught by Hua and it's going to be inventing things to solve modern day problems"
  - Good teacher
  - Note heavy
  - All concepts are covered in class
- "[Will] focus on sustainability and green technology this year"
- (if you know more about the class please contact us!)

#### Geology

- Taught by Mr. McClellan
- Geology is a lot like McClellan's Oceanography class, but students learn about rocks
- Very similar to other McClellan's classes in terms of workload and difficulty
  - Assignments mostly involve doing worksheets and reading the textbook, though the class is mostly lecture based
- "While we were in school, I found the tests and quizzes to be very challenging. He talks very fast so it can be hard to keep up. Overall, however, the class definitely helped me learn to appreciate geology and Earth science. He does curve very generously, so your grade will end up being fine no matter what."

#### **Nature of Cancer Research**

- Taught by Mr. Econome
- Study of what Cancer is, how Cancer treatments developed, and what the modern Cancer research methods are.
  - "Econome is a fine teacher! Grading, tests, and quizzes are light. Paying attention in class is key, but Econome gets the job done at teaching his stuff."

#### **Animal Behavior**

- Taught by **Dr. Tu** 
  - "class is super light and mostly revolves around watching animal documentaries. Dr Tu herself is very lenient. She empathizes with the students and does not try to be hard on them."

# **English**

# **English Electives**

#### Acting

- Taught by Ms. Sheinman
  - **Sheinman** is fairly light with work, and in person she shouldn't be too hard either? At the same time she is an interesting type of woman, so be prepared for heavy conversations in class
- One semester course where you learn how to act and analyze plays/movies
- Taken to a couple shows over the course of the semester
- "It's a really fun experience, and honestly I've learnt quite a bit and it's really helped me get out of my comfort zone. All that seriousness aside it's super fun, there're super funny and emotional moments that anyone would love, and overall just super fun"
- "It's definitely more free form. and that's what I love about it. you never know what to expect except for something good, and that's there charm of the class" Junior, Class of 2023

#### **Creative Nonfiction**

- Taught by Ms. Pohan
- Writing is composed of **personal essays** where students will have freedom to **choose their subjects** as they experiment with and find their style.
- Composed of teacher led instruction, self-driven practice, and collaborative peer work
- You will write a Narrative Personal Essay, Essay of Place, and Essay of Definition
- "it's literally an amazing class— even people who really don't like humanities love it because it's just writing about yourself and your experiences. Pohan teaches it & she is the absolute sweetest, most helpful teacher ever. probably the best class i've taken @ stuy"

#### **Asian American Literature**

- Taught by Ms. Oberfield
- Asian American literature is rich, challenging, interesting and fun; wildly diverse in form and content; and worthy of attention from all readers, both Asian American and non-Asian American. This course challenges the assumption that literature by white writers is neutral and universal—for everyone—while literature by minority writers is narrow, specialized, "different", and reserved for people of those groups. In this class, students of all backgrounds are encouraged to think, talk honestly, and explore Asian American literature and the issues surrounding and within it.
- The course focuses on contemporary writing by Asian American authors, ranging from short stories, novels, and plays
- "One of the best classes you'll ever take"
- "Ms. Oberfield is a really amazing teacher and the class is comparatively light to other subjects. She really cares about her students and is willing to negotiate deadlines. We read and analyze contemporary Asian American literature and write Think Pieces in response to them" Class of 2023

#### Writing to Make Change

- Taught by Ms. Thoms
- A writing workshop course that is used to generate and craft public writing for large audiences.
  - The first third of the course will be used for studying various genres of writing
  - The second third of the course will be for researching an issue and how to address the issue to the desired audience. This is all in preparation for the final project
  - The last third of the course will be dedicated to the final project, developing, drafting, and writing a piece for outside use (ex: publication, contest submission)
- "We do a lot of drawing... your life... like part of hw is that you just draw one thing you did"
- "Very unconventional but it's fun"
- "Writing to Make a Change explores a variety of genres ranging from podcasts to even graphic novels, and identifies issues that matter to us. Students are expected to make active use of their Comp, which is a book where they will keep their daily diaries and participate in creative drawing and writing exercises during class. Guest speakers are invited often to share how they use their writing to make change. Students are encouraged to read out loud their own work during Sharing Days and leave positive feedback to each other. In this course, students will embark on a journey to search for an issue they feel passionate about, and how they could possibly add to the discussion in their writing. They will then draft and develop their own pieces to publish to the world during the last few weeks of the term."

"Yes, I would definitely recommend taking the course! The class teaches you to write effectively to appeal to the hearts and minds of readers, and cover issues important to YOU. The course in general is very personal and the atmosphere of the class feels very homey. Not to mention, Ms. Thoms is so sweet and genuinely cares about her students. She's also extremely organized and likes to plan ahead." - Junior, Class of 2023

#### Poetry

- Taught by **Dr. Moore**
- What the Class will Cover:
  - o explore rhythm, rhyme, and the complex forms
  - o experiment with risks and new approaches to poetry
  - study several of America's most celebrated voices, and close with a unit on spoken word.
  - Emphasize student work
- Structure of the Class:
  - Wednesdays will be devoted to workshops
  - o Most Fridays will involve readings or recitations.
  - Seven times during the course of the semester, I will comment on individual poems, and at the end of the term you will have an opportunity to collect and present your ten best poems in a chapbook.
  - Three times during the course of the semester, you'll memorize and recite a poem of your choice that is over twelve lines.
- "Moore is incredible and loves her so much! She's really into poetry which makes the class even more interesting than it already is, she's super lenient when it comes to grading, and that class was nothing but enjoyable for me. online, she struggled a little bit with our google classroom being incredibly cluttered, but she was trying out different things and i'm sure by now she'll have a clearer idea of what she wants to do."
- Moore is literally the best I enjoy her class thoroughly, she's such a sweetheart and really works with you! The class consists of a lot of freewrites where she just lets you write for a few minutes based on a prompt she gives you, often inspired by another poet. In workshops, you'll take a poem you've written and bring it in to see if it needs any fixing up. Moore is super nice with constructive criticism and is genuinely really helpful. After we finalize the poem after workshop, ae have a sharing day where it is totally optional whether or not you share your poem so it's super low pressure! All in all 10/10 class <3 Berry Ongan, junior</p>

#### Writer's Workshop

- Taught by Mr. Francis
- Explore works of fiction with a focus on semi-autobiography realistic short fiction. Science fiction, fantasy, and other genres will also be explored.
- Mostly class discussion with nightly, assigned readings.

- Participation makes up the majority of your grade.
- "It's a medium workload I'd say. it kinda alternates so you write 2 pages of a story one week and then read a story the next week. It's not super light but if u wanna learn how to write i'd rec'd taking it"
- "I've only taken writers workshop so not sure abt the others but would highly rec writers workshop if u wanna write a bunch of short stories and get rly good feedback"
- "writers workshop!! the teacher is amazing i heard and u get so much experience and knoWLEDGE"
- "francis is an amazing teacher, many ppl say he's a harsh grader but i think its unrealistic to expect an automatic hundred. the worst part of the class is the vibe, it's even worse than his euro lit classes. people fall asleep in that class and no one really cares or does the reading. on the bright side, it's incredibly light, we will have like a chapter reading in a week and he's rlly lenient w deadlines"
- "Francis is such a chill teacher and honestly not a lot of work."

# **Mathematics**

# **Math Electives**

## **Math Research**

- Taught by Mr. Rubenstein
- No set curriculum- basics taught (more advanced algebra)
- No standardised exam
- Research paper at the end of the term
- "Math research is like a math class for number theory topics that probably won't be discussed in normal math paths, it's a REALLY relaxing class after the initial couple of lessons and you end the sem with a research paper" -Junior, Class of 2023
- "2 years ago I am taking Math Research and it's mainly about learning different math methods, sort of their history and why they work. At the end of the course you write a research paper on a specific topic that explains a specific math concept. It's a fun course, but I would only recommend it if you genuinely really like math" -Junior, Class of 2023

# 5 Tech courses

## **Science Olympiad**

- Taught by Mr. Thomas
- No exams, but there are set deadlines for your work
- "The class is basically picking a Science Olympiad event (since it's the second semester the team has already formed for all the various events from <u>Division C</u>), and then building/working on it. It is expected that you finish all of your work by the time competitions start, Mr. Thomas is very laid-back on giving work and trusts the students to be able to pace themselves. The class itself is in a super cool lab with 3d printers and cncs and you get to mess around with them and print stuff. Do make sure to sometimes visit the team when it comes to work on events after school!"
- "Mr.Thomas is a lovely teacher who is super chill. For the class, there are small projects at
  the end of each marking period, but they're all pretty simple. You focus on one event and
  work on it throughout the semester. You can work on homework or other work during free
  time, which is pretty often!"
- The list of all the Division C events can be found on this page

#### **Intro to Robotics**

- Taught by Mr. Blay
- Simple machines > gears and stuff > motors and stuff > programming and all the math related that
- No tests, few lectures, mostly just building things
- This course covers topics ranging from programming to mechanical engineering. In this class we will use VEX robotics hardware and software in order to learn various concepts in robotics. The course will cover many different concepts relating to robotics without going too in depth on any particular topic. Students will learn how to design, build, and construct their own robots in groups of 3-5 depending on class size and availability of parts. At the end of the semester groups will compete with their robots in a class competition.
- "I really like intro to robotics (and I am a pretty big humanities person!!) it's very hands on & mr. blay is very understanding it's mostly group projects where you build different machines and robots!"

#### **Engineering Design**

- Taught by Mr. Thomas
- Work on projects using Autocad inventor, similar to drafting (make isometric and orthographic drawings)
- Well liked, hands on and project based
- Not work intensive, but rewarding
- Minimal workload, large benefits

• "it's a one semester elective where you do a bunch of projects with 3d printers and laser cutters and whatnot. pretty chill class"

#### **Interior Design**

- Taught by one of the drafting teachers (Mr. Blay, Ms. Dillon, Mr. Lonardo)
  - o all three teachers are chill and so long as you stay focused in class you should be fine
- Course Description:
  - Designing fully furnished individual rooms and home floor plans, and sketching floor plans in a sketchbook.
  - Learning the fundamentals of indoor living areas such as developing service, sleep, recreational areas and how they come together in creating the overall structure of a residential building.
  - How to use CAD software designed specifically for architectural drafting (revit).
  - At the end of the year you will have a final project, which is an entire home floor plan, which will be 3D printed.
- "It's basically an advanced drafting class and each plate takes anywhere from 5-10+ hours depending on how good you are at copying lines and stuff. Grades are 90+ as long as you hand in work and participate occasionally"
- "interior design is not like the sims: (it's rly just a harder level of drafting and we redraw
  floor plans. it's so much work for an elective and takes a lot longer than a regular plate for
  drafting. some people enjoy it but personally I don't see the point of it because we don't
  learn anything"
- "I have loved being in the Interior design class. As someone who wants to pursue architecture Mr. Griffith has been very informative and helpful to me. There is no homework if you utilize the class time he has for projects, and everything is posted online if you miss a day of class. Mr. Griffith also tries to keep the class fun and engaging and he is flexible on deadlines if most of the class is having trouble finishing an assignment by the due date (using only class time). In the past drafting was a prerequisite, but that changed this year. However Mr. Griffith prefers if you have taken drafting, but has no problem explaining something to you because you haven't."

#### Animation

- Taught by Ms. Dillon
- The class utilizes Maya and Blender for 3D modeling
- "3D art is probably not worth it if you struggle with art. If u think u can try and pull thru it might be fun tho. She **really does care** about **effort and quality** and people often do really really amazing things in class in my experience."
- "I took it last year and unfortunately we never got to animate anything because there just wasn't enough time so it's basically a **3D modeling** class. We usually did tutorials that the

teacher posted on Google Classroom and because there were **really detailed instructions** I didn't really struggle with the work. If you end up falling behind in the class it'll be okay because the teacher is **really nice and understanding**; just shoot her an email as to why you're missing work. I missed a lot of due dates and when I finally did the projects I held off for so long she didn't penalize me. Overall I thought it was **really fun** but there were **some students** in that class who **didn't enjoy** it as much."

• "Had animation w Dillon, it's a bit of a steep learning curve but it gets quite fun once you learn the program. Imo it's a lot of work needed but if you find it fun it doesn't seem like work at all"

#### **Guitar Making**

- Taught by Ms. Bernstein
- Students are going to be working on building their own guitar.
- "Pretty hands on straight away! The its basically just a woodshop class but making guitars specifically. Im not sure how it'll be this next semester, but this semester we spent it finishing guitars ppl didn't get to because of quarantine. But if it ends up starting from scratch, ppl will be able to buy a guitar making kit for 200\$ about and bernstein will take them through the process of designing and putting together all the parts" Senior, Class of 2022

# Health

#### **Health**

- Taught by Ms. Weinwurm, Ms. Freytag, and Ms. Fang
  - o Ms. Weinwurm:
    - "Very very light. Even the most mediocre of students can get a high 90 in her class and I'm not making this up."
    - "Weinwurm is easy, unless you're really unlikeable for any reason, the class is a breeze."
    - "...she's **really sweet**, her class is **barely any work**, and she's super funny and genuinely cares about her students."

# o Ms. Fang:

- "Health with Fang is pretty hard, you have to take **REALLY good notes** on everything she says and memorize it all for tests/quizzes."
- "...she might make you memorize a **ridiculous amount** of information, but you'll definitely learn a **lot in her class**!"
- "...as long as you pay attention in class, do your hw, and sometimes participate, you'll do fine in her class."

# o Ms. Freytag

- Easy class- tests are either take home or open notebook
- Really nice teacher and is very lenient and understanding

#### Covers:

- o social and emotional skills, including how to prevent bullying.
- o student growth, their development, and their identity.
- o how to stay healthy and fit, both physically and mentally.
- o how to create a safe and healthy environment.
- o personal health and safety, including how to find the health services and information students need.
- o how to prevent disease and illness, including HIV/AIDS.
- o how to avoid health risks like alcohol, tobacco, and drugs.

## **CPR**

- Will be most likely taught by Ms. Fang
- Class on performing first aid to people
  - o CPR, Pulse Check, Using the First Aid Kit
- At the end of the course you are going to gain CPR certification
- Will have to take mask off

# Phys Ed

#### **NORMAL PHYS ED**

- It's just a **PE class**
- Taught by a multitude of teachers, most of them you are probably familiar with

## Lifeguarding

- Taught by Ms. Luczak and Mr. Bologna and Ms. Choy
- **IMPORTANT**: You need to pass the initial test to get into the class
  - The test is moderate, consisting of
    - Swimming 300 yards (six laps) (untimed)
    - Treading water for 2 minutes
    - Picking up a small brick from the bottom of the pool
- "If you're a solid swimmer, okay with getting your **hair wet** now and then, and are interested in becoming certified at the end of the semester, then I would recommend it!"
- "If you're into swimming, lifeguarding is really cool! you get to learn how to rescue ppl [sic] and do cpr and bologna is **chill**, and at the end of the course you get an actual **red cross certification**"

#### **Indoor Cycling**

- Taught by Dr. Markova
- You cycle on a stationary bike.
- Intense workouts! Lots of music!
- Indoor cycling is both first and fifth period
  - There also might be a cycling project

"Indoor cycling is the most exhilarating and motivating gym class I've ever taken! Markova's dedication and passion to indoor cycling is incredible, and she makes sure you take her class seriously so you can reap all the physical benefits of her strenuous workouts. 10/10, **would take again!**"

#### **Weight Training**

- Taught by Mr. Autry
  - o Is a spring semester class only
- Essentially provides access to the weight training room where you can use the equipment during the period
  - Alternatively, you can jump rope outside of class or simply vibe during the class
    - Half the class usually does just that, so if you're planning on using the training room don't worry about it being crowded

#### Basketball

- Taught by Mr. Miller
- You play basketball 😀
  - Technique and Drills
  - Playing Games

#### Yoga

- Taught by Ms. Choy and Ms. Morel
- Described as mostly **relaxing** (as Yoga tends to be).
  - Compared to other electives it's fairly light
  - o The mats smell like vinegar, so if you take it it's encouraged to get your own **mat**

## **Stuy Boxing**

- Taught by **Barbin**
- You have to buy your own equipment (it's like \$50)
- "It's a class with intense exercises, some sparring sessions, and fairly expensive equipment."

#### **Aerobics**

- Taught by **Mr. Choubaralian**
- Intense P.E Class, alternating between cardio kickboxing, yoga, and core exercises
- "It was actually better than I thought it would be! I really enjoyed the yoga day in the cycle but choubs is really enthusiastic and energetic so he pushes you to actually work out the other days. It helps if you're tight [with] him bc he will joke around with you and cut you some slack"
- "The class is **super intense** and the most athletic gym class I've ever taken at Stuy. But it's **sorta fun too** tbh, especially yoga."

#### Rollerblading

- Taught by **Mr. Choubaralian**
- "Super fun! Rollerblading with Choubs was by far the most enjoyable class I took! He's super caring about the students, and rly tries to talk to everyone. No experience or equipment needed cuz the school provides them. He goes from the basics on some soft mats on the first day to eventually going outside skating! You're gonna rly love it ^.^"

#### Polar Bear

- Taught by Ms. Luczak and Mr. Bologna
- You run around outside in all kinds of weather
  - Whether it will be raining or snowing, you will be running

• "I'm in a PE class that was hijacked into a Polar Bear class by Markova. We ran outside and did some stretches... Be mindful if you don't like **cold weather** and don't have a hoodie or something you can wear when it is that cold"

# **Volleyball**

- Taught by **Dr. Markova, Mr. Miller, and Mr. Choubaralian**
- You play and learn volleyball
- "Volleyball is so much fun! Friendly competition!"
- "Volleyball is the best."
- "We go outside and we play volleyball outside; sometimes it's cold."