



## Support the Arts – Support your Students!

*"I found I could say things with color and shapes that I couldn't say any other way – things I had no words for." – Georgia O'Keefe*

### About the National PTA Reflections Cultural Arts Program 2021-22 Theme: "I Will Change the World By..."

National PTA Reflections is America's oldest and largest arts education program of its kind. The program was developed in 1969 by Colorado's PTA President Mary Lou Anderson to encourage students to explore their talents and express themselves. Since then, the Reflections Program has inspired millions of students to reflect on a specific theme and create original artwork. Why is arts education so important? It not only cultivates imagination, self-expression, and creativity, but also plays an important role in the development of critical thinking and problem solving skills. It also helps students process their thoughts and emotions – which is so important to mental health – especially now.

Each year, students in Grades Pre-K through 12 and Special Artists\* are recognized for bringing the theme to life through film production, dance choreography, literature, music composition, photography, and visual arts (2D and 3D).

Students advance through their schools, regions/councils, state and national reviews. It is a way for everyone to create and for student artists to express themselves and be recognized.

Consider the following:

- Participation in the arts can level the playing field for underserved students.
- Participation in the arts develops the whole child
- Participation in the arts connects families and schools to one another and to their communities.

For more information and resources, go to Colorado PTA: [copta.org](http://copta.org), National PTA: [PTA.org/Reflections](http://PTA.org/Reflections), or contact [reflections@copta.org](mailto:reflections@copta.org)

### REFLECTIONS IMPORTANT DATES

School turn-in dates are determined by your school/Council turn-in dates are determined by your council.

El Paso Council turn in date (On-Line Submission) Nov 30, 2021

State Awards Ceremony Mar 13, 2022

