

# Privacy Policy for Isolate

*Last Updated: 3 May 2026*

**1. Overview** Isolate is a browser extension designed to help users build healthy habits by intercepting navigation to distracting websites. We take your privacy seriously. This extension is designed to operate entirely locally on your device.

**2. Data Collection and Usage** Isolate does not collect, store, or transmit any personal data, browsing history, or analytics to external servers. All information used by the extension—including your blocklists, Active Hours schedules, and habit statistics—is stored exclusively within your browser's local storage on your device.

**3. Permissions and Functionality** To function as intended, Isolate requires the following permissions:

- **declarativeNetRequest**: This is used solely to intercept and redirect navigation requests locally within your browser when you visit a blocked domain. It does not send this browsing activity to any external server.
- **storage**: Used to save your settings and scoreboard statistics (such as streaks and urges) locally on your device.
- **alarms**: Used to manage the timing of your "Active Hours" and override windows within your browser.

**4. Data Sharing** We do not share, sell, or transmit any data to third parties. Because the extension does not collect or transmit your data in the first place, no data sharing occurs.

**5. Updates to this Policy** We may update this privacy policy from time to time to reflect changes in the extension's functionality. We will notify users of any significant changes by updating the "Last Updated" date at the top of this policy.

**6. Contact Us** If you have any questions or concerns about this privacy policy or the way Isolate handles data, please contact us at: [studio.glades@gmail.com](mailto:studio.glades@gmail.com).