2018 St. Charles North High School Summer Athletic Camp Information

BOYS' BASEBALL:

The SCN baseball coaching staff will be offering three quality camps for grades 5-9 during the summer. The *first camp* will be a position specific camp focused on improving defensive skills, throwing fundamentals and agility. The *second camp* is designed to help improve hitting mechanics, visual coordination, and base-running fundamentals. The *third camp* will be a pitching and catching camp. Each camper should bring all their own position specific gear and bring both tennis/turf shoes and baseball cleats.

<u>Freshmen baseball players</u> will have the opportunity to play in a competitive sophomore summer league. Game times will be 1pm or 2 pm. Most weeks will also include 1 day of practice to improve each player's skill set.

<u>Varsity baseball players</u> will also have the opportunity to play in a competitive summer league. Games will be on Tuesdays and start times will be 1pm or 2pm, depending on location. Mon/Wed will be specialized workouts that will enhance player's skill by position with controlled scrimmages intended to improve game play.

**Each of these leagues will consist of 16-22 games with a single elimination tournament (sponsored by the IHSBCA) in mid-July. All games/practices will occur on Monday-Wednesday, until tournament play begins.

CAMP NAME	CAMP #	GRADES	DATES	TIME	COST
Baseball -		Incoming H.S.			
Defensive Camp	BB-1	Freshman	June 11-14	8:00-9:30AM	\$115
Baseball -					
Defensive Camp	BB-2	4-8 Grade	June 11-14	9:30-11:00AM	\$115
Baseball – Offensive Camp	BB-3	Incoming H.S. Freshman	June 18-21	8:00-9:30AM	\$115
Baseball –					Ψσ
Offensive Camp	BB-4	4-8 Grade	June 18-21	9:30-11:00AM	\$115
Baseball-Pitching		4 th -Incoming			
Camp	BB-5	Freshmen	June 25-28	8-10:00AM	\$125
Baseball-Catching		4 th -Incoming			
Camp	BB-6	Freshmen	June 25-28	9-11:00AM	\$125
Sophomore Summer					
League	BB-7	Sophomores	June 12-July 15	12:30-4:00PM	\$185
Varsity Summer		Juniors and			
League with Camp	BB-8	Seniors	June 12-July 22	12:30-4:00PM	\$235