

Overview + Helpful Links



This document has tabs!

Directions for use from a laptop:

1. On the left side of your screen, you should see a list of the Document Tabs.
 - a. If you don't see tabs appear on the left side of your screen, look for this icon in the upper left corner of your screen.
2. Click the icon to view the document tabs.
3. Read this page (the Overview).
4. Navigate the tabs to peruse the PD options for the upcoming season.
5. Use the PD+ links provided for each session to register for that PD offering.



Directions for use from a phone:

1. On the bottom of your screen, you should see arrows (<>) that allow you to navigate between document tabs.
2. Once on the tab you wish to view, scroll down to see the P.D. offerings in that category.

Sign in to your ELIS account and click on PD+ before using the links in the tables for each PD offering.

FAQs:

- **Q:** I get to the end of the year, and I can never remember how many sessions I attended for a PD series. How can I track my attendance better?
- **A:** [One Way to Organize Your PDHs Through the Year](#)
- **Q:** I have never registered for an activity through ELIS. Can you give me step-by-step directions?
- **A:** [Directions for Earning & Recording PDHs](#)
- **Q:** I am a new staff member/teacher. Can you clarify what PD I need to attend?
- **A:** You will find highly recommended sessions under the [New Staff Workshops tab](#), but any of our offerings can count toward your five required hours.

Coach Offerings

These offerings are hosted by our instructional and wellness coaching team.

709 Always Learning PD Bites Series

Description: Do you have a fear of commitment but still want to learn with friends? This professional development opportunity meshes the deep learning we offer at our *Always Learning Conference* with the flexible format of the podcast and book tasting series of the past. Each session will start with a book excerpt, podcast clip, or video snippet and then bridge into a reflective and engaging discussion. Walk away with new ideas, broader perspectives, and loads of inspiration. **Participants are not required to attend all sessions to make this a meaningful learning experience.** Topics and presenters will rotate.

Hours: 1 per session up to 12 hours total

Format: Deep Dive Tasting

Time: 3:15-4:00

Place:
DO Lower Level Conference Room

Date(s): *Monday*

- Sept. 15, 22, 29
- Oct. 6, 20, 27
- Nov. 3, 10, 17
- Dec. 1, 8, 15

[**PD+ LINK**](#)

Intended Audience: Preschool – 12th Grade

Kids Can Read Hard Things in Science, Social Studies, & Technical Subjects (ELA teachers welcome!)

Description: Calling all content area teachers! Do your students passively read course materials and then look at you with an “I don’t get it” expression? Do your students’ heads swivel when you hand them a complex text? Each session in this series will model a fun lesson and equip you with an effective strategy for teaching reading in **SCIENCE, HISTORY, and TECHNICAL SUBJECT areas** (etc.) that you can take back to your classroom and implement immediately. Participants will experience the lesson

Hours: 4

Format: Toolbox Series

firsthand and then be given time to imagine what it can look like in their own classroom. Leave with a fresh approach for a lesson and confidence that it will work! Bonus: These strategies are all rinse and repeat, which means you will be getting ideas you can use over and over.		
Time: 3:15–4:00	Place: Tuesdays in the MJHS Team Room Thursdays in the MHS Library	Date(s): • Sept. 23 (@JH) • Sept. 25 (@HS) • Oct. 14 (@JH) • Oct. 16 (@HS) • Oct 28 (@JH) • Oct. 30 (@HS) • Nov. 18 (@JH) • Nov. 20 (@HS)
PD+ LINK Intended Audience: 6–12: While this session is specifically designed for SCIENCE, SOCIAL STUDIES, AND TECHNICAL SUBJECT teachers, anyone who asks their students to read in class is welcome to attend.		

Daily Routines to Jump Start Problem Solving	
Description: Get ready for an engaging book study experience designed to deepen your teaching practice centered on math problem-solving! Learning to be a problem solver is hard. Teaching students how to be problem solvers themselves can be even harder. To become independent problem solvers, students need practice exploring, tinkering, and thinking! Each month, you will have the opportunity to read and implement a bite-sized routine in your classroom, reflect on its effectiveness, then come together with colleagues to debrief and talk about what we learned from our	Hours: up to 10 hours if the optional application is completed Format: Book Study

implementation. This format supports continuous growth and meaningful application every step of the way.		
Time: 3:00-4:00	Place: DO Basement	Date(s): <i>Thursdays</i> • October 16 • November 13 • December 11 • February 12 • March 19 • April 9
PD+ LINK Intended Audience: K-8		

Staff Academy		
Description: Staff Academy for the year will include choice sessions by our coaching team as well as some potential guest speakers. These sessions will be available during early release Wednesdays.		Hours: 1 per session (at least 3 available) Format: Toolbox
Time: 11:15 -noon (JH & HS) 1-1:45 (Elementary)	Place: Jr. High @ MJHS High School @ MHS Elementary@TBD	Date(s): <i>Wednesdays</i> • October 2nd • November 6th • December 4th
PD+ LINK Intended Audience: ECE - 12th Grade This is the only offering on the menu that is embedded during the school day instead of being offered a la carte after school.		

Coaching Cycle (Individual)	
Description: A coaching cycle is an opportunity to dig deep into an instructional, wellness, or digital practice of your choice. Working together with a coach, you	Hours: 3 available per coaching cycle

will identify a goal, learn about best practices, and create an action plan to meet the goal. Think of it like a personal trainer for teaching who meets you where you are and works within your schedule. The time-frame and intensity can vary depending on your preference, and those who participate in a formal coaching cycle will receive PDHs.	<i>*Please make sure to sign in at least three times during your coaching cycle for evidence of attendance.</i>
PD+ LINK Intended Audience: ECE - 12th Grade	

Coaching Cycle (Group)	
Description: A group coaching cycle is an opportunity to dig deep into a goal or idea with like-minded colleagues. The group can be with others that you identify, or you can reach out to a coach with an idea, and we will work to form a group. The time-frame and intensity can vary depending on your preference; those who participate in a group coaching cycle will receive PDHs.	Hours: 3 available per coaching cycle <i>*Please make sure to sign in at least three times during your coaching cycle for evidence of attendance.</i>
PD+ LINK Intended Audience: ECE - 12th Grade	

New Staff Workshops

These offerings are highly encouraged for all new staff members. New teachers can also choose from any of the other offerings to earn their five mandatory PD Hours for the year.

Using Assessment to Drive Instruction

Description: *How do you ensure your students can demonstrate understanding of the content you have taught? How do you use the assessment results to drive your instructional next steps? Join us to learn more!*

Hours: 1

Time: 3:15-4:15

Place:
K-8 - DO Board Room
9-12 - MHS Library

Date(s): September 9th

[New Staff Workshops PD+ LINK](#)

**Highly recommended for all New and/or Novice Staff Members*

Evaluwise Deep Dive

Description: *Let's take a deep dive into the evaluation platform Evaluwise. This session will be meaningful whether you are new to Evaluwise or have been a past user, as Evaluwise underwent an update over the summer. We will learn how to navigate the platform, identify where to view and add evidence & artifacts, and much more. Join us to learn more!*

Hours: 1

Time: 3:15-4:15

Place:
DO Board Room

Date(s): September 25th

[New Staff Workshops PD+ LINK](#)

**Highly recommended for all New and/or Novice Staff Members*

Communication and PT Conferences

Description: *Communication is key to a successful partnership with families. This workshop is intended to cover the basics of effective communication throughout the year and how clear*

Hours: 1

and ongoing communication will lead to productive conversations at parent/teacher conferences. Join us to learn more!		
Time: 3:15-4:15	Place: Elementary - DO Board MJHS - Team Room MHS - MHS Library	Date(s): October 9th
New Staff Workshops PD+ LINK *Highly recommended for all New and/or Novice Staff Members		

Evaluation and License Renewal		
Description: This workshop is intended to cover the requirements for evaluation and license renewal for the state of Illinois. Join us to learn more!		Hours: 1
Time: 3:15-4:15	Place: DO Board	Date(s): December 11th
New Staff Workshops PD+ LINK *Highly recommended for all New and/or Novice Staff Members		

SSS Offerings

These offerings are provided by the Student Support Services department.

Youth Mental Health First Aid		
Description: Youth Mental Health First Aid is designed to teach parents, teachers, health and human service workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addiction challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.		Hours: 7 hours Participants will be required to complete 2 hours of online prework before attending the in-person session of their choice.
Time: 8:30-2:30	Place: DO Lower Level	Dates: • October 17th • January 30th • April 17th
<i>**Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u>**</i> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		

Crisis Prevention Intervention		
Description: CPI training prepares staff to prevent and de-escalate medium to high-risk behavior using both restrictive and non-restrictive methods. Learn how to identify the crisis, how to respond objectively to high-risk behavior and to reduce the risk of high outcomes. Discuss the effects of trauma and the psychology of the brain on the person in crisis as well as the responding individual. 2-3 hours online training needs to be completed prior to in person instruction.		Hours: 8-9 hours 2-3 hours of online training completed prior to in person training
Time:	Place: District Office	Date(s): September 19,

Crisis Prevention Intervention

8:30am – 3:30pm 1 hour lunch break on your own		2025 November 7, 2025 January 23, 2025 March 13, 2026
Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		

Cardiopulmonary Resuscitation (CPR)

Description: CPR – or Cardiopulmonary Resuscitation – is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest.		Hours: 2 hours
Time: 1:30–3:30pm (Nov & Feb) 3–5pm (April)	Place: District Office (Nov) TBD (Feb & April)	Date(s): November 5, 2025 February 4, 2026 April 13, 2026
Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		

Trauma Informed Practices and Reflection

Description: This training introduces participants to the foundational elements of a trauma-informed,	Hours: 3
--	-----------------

brain-based approach to building a positive classroom culture. The training emphasizes the importance of emotional safety, the neuroscience behind behavior, and the critical role of verbal de-escalation in supporting individuals during moments of distress. Key elements include: Trauma and the Brain, Stress Response and Dysregulation, Co-Regulation and the Role of Adults, Verbal De-Escalation Techniques, Restorative Approaches, The Comfort vs. Control Philosophy. This training is for those who have <u>NOT</u> been trained in CPI or Ukeru. This would be a fantastic opportunity for general education staff.		
Time: January 16th: 8am-11am	Place: District Office	Date(s): January 16
<i>**Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u>**</i> Google Form Enrollment: • SIGN UP ELIS PD Hours (3 hours) • PD+ Link		

TMCSEA Opportunities	
Description: View Detailed Opportunities Here • Job Coach Training for the Paraprofessional: Ongoing • Gestalt Language Processing with Marge Blanc, MA, CCC-SLP • Ready, Set, PUNS! Transition with a Smile! • Special Education Update: Legally-Compliant IEP Team Decisions • Putting the Pieces Together: Building Better IEP's from PLAAFP to Progress Monitoring • Autism: Managing Challenging Behaviors	All free as members of TMCSEA. Please see the sign up link for details of dates and location.

• Introduction to the SCERTS Model • Navigating School Avoidance, Refusal and Anxiety • Evidence-Based Practices in Autism Spectrum Disorders: Christine Reeve PH.D., BCBA-D SIGN UP	
---	--

Psychologist and Social Work Focus Group	
Description: View Flyer Here	Monday, September 29, 2025 Wednesday, November 19, 2025 Wednesday March 18 , 2026 Thursday, May 14, 2026 Rogers PD Room

Paras

These offerings are intended for paraprofessionals.

Behavior Support Cohort		
Description: The Behavior Support Cohort equips staff with essential knowledge and practical skills for working with individuals who have a diagnosis of Autism or an Intellectual Disability. Skills gained will include measurement, assessment, skill acquisition, behavior reduction, documentation, and professional conduct. Delivered in a self-paced format online only, the program includes video lessons, quizzes, and downloadable resources to support learning. The group will meet 5 times to reflect and share ideas throughout the year. See Flyer Here. Apply Here <i>You will be notified of your acceptance by the end of September.</i>		Hours: See flyer for details.
Who: Special Education Staff, Related Services Staff, and Paraprofessionals	Place: Hybrid Model – 5 meeting dates to discuss learning and application will be determined by the group	Date(s): September 2025–May 2026
Links will be provided for PD+ following acceptance in the cohort.		

Staff Academy		
Description: Please join us for engaging topics throughout the year during the months of October, November, December, February, March, and April!		Hours: 1 per session
Time: Early release Wednesdays during the afternoon. Follow the elementary schedule.	Place: Elementary Building	Date(s): October November December February March April

[PD+ LINK](#), Sign up will be sent out monthly.

Paraprofessional Learning Team

Description: Behavior Breakthrough Book Study:

Participants will dive into practical, evidence-based behavioral strategies rooted in Applied Behavior Analysis (ABA). Over the course of the study, educators will learn how to reinforce positive behavior, set clear expectations, manage transitions, and implement data-driven supports—all while fostering meaningful connection and lasting behavior change in children. This study is ideal for staff seeking hands-on tools and actionable insights to improve connections and behavioral outcomes with compassion and clarity. *The author is providing a workbook for our reflection and Q+A sessions throughout the year.*

Hours: 5

Time: Early release
Wednesdays during the
afternoon. Follow the
elementary schedule.

Place: Elementary Building

Date(s):

October
November
December
February
March
April

****Please sign up using both the [Google Form](#) and the [ELIS PD Hours Links](#)****

Google Form Enrollment:

- [SIGN UP](#)

ELIS PD Hours (5 hours)

- [PD+ Link](#)

Trauma Informed Practices and Reflection

Description: This training introduces participants to the foundational elements of a trauma-informed, brain-based approach to building a positive classroom culture. The training emphasizes the importance of

Hours: 3

emotional safety, the neuroscience behind behavior, and the critical role of verbal de-escalation in supporting individuals during moments of distress. Key elements include: Trauma and the Brain, Stress Response and Dysregulation, Co-Regulation and the Role of Adults, Verbal De-Escalation Techniques, Restorative Approaches, The Comfort vs. Control Philosophy. This training is for those who have <u>NOT</u> been trained in CPI or Ukeru. This would be a fantastic opportunity for general education staff.		
Time: September 30th: 1pm-4pm January 16th: 8am-11am	Place: District Office	Date(s): September 30 January 16

*****Please sign up using both the Google Form and the ELIS PD Hours Links*****

Google Form Enrollment:

- [SIGN UP](#)

ELIS PD Hours (3 hours)

- [PD+ Link](#)

Youth Mental Health First Aid		
Description: Youth Mental Health First Aid is designed to teach parents, teachers, health and human service workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addiction challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. 2 hours online training needs to be completed prior to in-person instruction.		Hours: 1
Time: 8:30am-2:30pm in person	Place: District Office	Date(s): October 17, 2025 January 30, 2026

2 hour online training completed prior to in person training		April 17, 2026
Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		

Crisis Prevention Intervention		
Description: CPI training prepares staff to prevent and de-escalate medium to high-risk behavior using both restrictive and non-restrictive methods. Learn how to identify the crisis, how to respond objectively to high-risk behavior and to reduce the risk of high outcomes. Discuss the effects of trauma and the psychology of the brain on the person in crisis as well as the responding individual. 2-3 hours online training needs to be completed prior to in person instruction.		Hours: 8-9 hours 2-3 hours of online training completed prior to in person training
Time: 8:30am - 3:30pm 1 hour lunch break on your own	Place: District Office	Date(s): September 19, 2025 November 7, 2025 January 23, 2025 March 13, 2026
Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		

Cardiopulmonary Resuscitation (CPR)	
Description: CPR – or Cardiopulmonary Resuscitation – is	Hours: 2 hours

an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest.		
Time: 1:30–3:30pm (Nov & Feb) 3–5pm (April)	Place: District Office	Date(s): November 5, 2025 February 4, 2026 April 13, 2026
<i>**Please sign up using both the <u>Google Form</u> and the <u>ELIS PD Hours Links</u>**</i> Google Form Enrollment: • SIGN UP ELIS PD Hours: (7 total) • PD+ LINK		