

North Hall Group of Alcoholics Anonymous

Monthly Group Conscience Meeting Minutes

Meeting Details

Date: April 6, 2026 (First Monday)

Time: 6:00 – 7:30 PM

Zoom ID: 890 4327 3009

Password: 525638

Link: <https://us02web.zoom.us/j/89043273009?pwd=azhKL3VGdFkzSWVqc0daTINKTEN4QT09>

Call To Order

Pettiness Prayer	Jose
Twelve Traditions	Brenda
What is the Group Conscience Meeting?	<p>The AA Group Conscience is the collective voice of the members of an AA group, from any part of AA's service structure.</p> <p>The Group Conscience is a shared decision reached by a careful and respectful process where everyone has a voice, and everyone listens.</p> <p>The process is used whenever a considered decision is required. The goal is to reach a position of 'substantial unanimity'.</p> <p>This means that the decision made is one that all support or are prepared to accept.</p>
7 th Tradition	<p>An important announcement regarding the 7th Tradition: North Hall offers meetings, coffee and events through the 7th Tradition contributions of our members. All are welcome at North Hall and contributions are voluntary. Right now, North Hall is not able to meet its expenses each month. Our Prudent Reserve is rapidly shrinking. If 5 members at each meeting contribute just one extra dollar a month, we could meet our expenses and replenish our Prudent Reserve in 12 months. Please consider contributing just one extra dollar per month! Thank you!</p> <p>The 7th Tradition states, "Every AA group ought to be fully self-supporting, declining outside contributions." Our Host will now put info into the chat about contributing to North Hall by Cash App or by sending a check.</p>
Review Previous Month Meeting Minutes	<p>General Secretary</p> <p>Motion to approve-Candice</p> <p>Seconded-Jose</p> <p>Motion approved- Yes</p>

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North Hall Operations

#	Role	Trusted Servant(s)	Reports
1	General Secretary	James G- GS	<ol style="list-style-type: none">1. General Secretary Report<ol style="list-style-type: none">a. Adèle has a proposed security plan for the meeting tonight.b. Meeting elections are continuing for the second quarter meeting Secretaries, Junior Secretaries, and Greeters. Please consider stepping up to be a trusted servant. Thank you to those who stepped up.c. Proposal to change the 7th tradition notice

3.2.3.d - The Treasurer and the Controller will give monthly financial reports. There will be ample time for questions and discussion and a motion, second, and vote for the acceptance of the Treasurer's and the Controller's reports.

3.2.3e - Old business and new business will be presented by the General Secretary and those making proposals. Votes and elections will be held if applicable.

3.2.3.f - The following officers will be given an opportunity to report to the Group: GSR (or Alternate GSR), CCFAA Delegate (or Alternate CCFAA Delegate), Birthday Chairperson, Literature Chairperson, Supply Chairperson, Chairpersons of any currently operating committees, Meeting Secretaries and other Trusted Servants.

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Old Business

#	Role	Name	Old Business
1	Anniversary Chair	Jess & Kat	Elected
2	Cleanup Chairperson for April	Hannah	Elected
3	Cleanup Co-Chairperson	Kat	Open election
4	Final vote for a procedure guide change of \$3500 in the prudent reserve	Suzanne	Final vote-Passed

New Business

#	Role	Name	New Business
1	One Steering Committee position is available and need to be filled	Suzanne	Brenda Elected
2	Adjusting script to the beginners meeting to include there can be questions during the meeting	Dean	Dean not present tonight; Need to circle back The meeting format on the website needs to match the reading in the hall. Dara notes: Any change that is made in the procedures needs to be voted on.

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3	Waste management	Evan	<p>Inquiring quotes for different garbage contract pricing ranges as well as contract lengths. Currently are operating month to month with Waste Management, with three garbage bins and one recycle bin. Dara will follow up and ask for a specific negotiation with WM.</p>
4	Proposal to change the 7th tradition notice	James G	<p>“North Hall provides meetings, coffee, and events, thanks to the 7th tradition contribution from our members. These contributions support the community and make it possible for us to continue to offer valuable resources and opportunities. Everyone is welcome at North Hall and participation and contributions is entirely voluntary.</p> <p>We strive to maintain an open and inclusive environment where all members can feel comfortable and supported. At present, thanks to the generosity of everyone, our prudent reserve is nearly replenished.</p> <p>By maintaining ongoing support, we will soon be able to extend our contributions to the wider AA community once again.”</p> <p>Suzanne mentions that the procedure guide needs to be updated each time this language is changed.</p> <p>Pat D/Jodi proposes to bring it back to two or three sentences and keep it simple, rather than to add to the announcements, the meetings get shorter because of it. We strive to carry the message to the alcoholics who still suffer.</p> <p>Suzanne and James propose to revive the legacy language. “In keeping with AA’s 7th Tradition, please take a moment to consider the impact North Hall has had on your life and make a generous contribution as I pass the basket. All money collected goes to paying rent, utilities and other expenses. A donation of \$2 or more can help us meet expenses and to carry the message of AA. (READ ONLY IF NON-AA GUESTS HAVE IDENTIFIED THEMSELVES: Non-AA guests are asked to NOT contribute.)”</p> <p>Motion to approve-Suzanne</p> <p>Second-James G</p> <p>Motion approved (will vote the final next month)-Yes</p>

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Officers & Trusted Servants Reports

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		<p>three agenda items. It is my job to consider all of your opinions when I submit my votes as this fellowship's representative at the Preconference Assembly.</p> <p>The following 3 items are the ones I have decided to bring our opinion on:</p> <ul style="list-style-type: none">•FINANCE ITEM C: Consider a request to create a Twelve Step study guide or workbook.•TREATMENT ITEM E: Consider a request to review locally produced safety related video service material and provide input on the potential for this video service material to be adapted for use by GSO.•GRAPEVINE ITEM F: Consider that the AA Grapevine, Inc. accepts contributions. <p>I will also be giving an update on</p> <ul style="list-style-type: none">•CORRECTIONS ITEM B: Review progress report on development of a pamphlet on the transgender alcoholic in A.A. <p>Attend one of my zoom meetings, next Monday or Wednesday at 6 pm, to learn more and express your opinions on these matters. Contact me individually if you want to learn more or express your opinion but are unavailable at either of the times I'm holding meetings.</p> <p>I also have a proposed GSR budget for 2026. It's based on recommendations in the general service manual, and on me attending 4 conferences, one of which has already passed. I attended that one virtually because I was ill, so the only expense was the registration fee. These amounts represent approximate expenses when it comes to lodging, and the lodging and gas are based on me only paying half, which requires me getting at least one person to carpool and room with me. The general service manual mentions that supporting your GSR in this way is a vital part of a group being self supporting. I will also do my best to spend less than this budgeted amount, as I know North Hall is currently not regularly meeting expenses (which has prompted me to increase my personal contributions at every North Hall meeting I attend.)</p> <p>Thank you for the opportunity to be of service and for giving me the honor of representing North Hall at the Area level.</p> <p>Proposing for a budget for GSR</p>
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			<p>Motion -Bryn</p> <p>Second-Suzanne</p>
5	CCFAA Delegate and Alternate	Roger Lauri S	<p style="text-align: center;">Delegate Report for Central California Fellowship (CCFAA) North Hall Group Conscience Meeting April 6, 2026</p> <p>I missed the delegates' meeting on March 21 and neglected to contact our alternate to attend in my place. I am sorry! This report is based on the <i>By the Way</i> newsletter for April. The CCFAA oversees and funds the Central Office, which relies on a small staff and large participation from AA members in local groups like North Hall. Office and Bookstore: M-F 9-5, Saturday 10-2. Address is now: 3643 Bradshaw Rd. Ste. G, PMB 176, Sacramento 95827. aasacramento.org/</p> <p>Here are CCFAA needs:</p> <p>Regular monthly donors to CCFAA through Grateful Givers. See the new flyers! This used to be called Faithful Fivers, but delegates voted to change the name. Contributions can be made any time on the website or through Venmo, PayPal, cash, or check. CCFAA is a not-for-profit organization, so donations through Grateful Givers are tax-deductible.</p> <p>CCFAA needs an Events Chair; position responsibilities and sobriety requirement online. If nobody steps forward, the Board will support the Office to organize an October event.</p> <p>Telephone hotline and bookstore staffing during office hours (M-F 9-5 and Sat 10-2). In February there were 304 in-bound calls to the TeleService and 331 to the TeleDesk. Whether you do it on site during office hours or from home, the hotline is a valuable service opportunity! Minimum of 6 months of sobriety to provide this important service.</p> <p>Help at office with preparation of mailing of <i>By the Way</i> newsletter. Work party schedules are in the newsletter, <i>By the Way</i>.</p> <p>Helping on the committee for our monthly newsletter, <i>By the Way</i>. This including a person who can make use of Google Draw and help with layout of <i>By the Way</i>.</p> <p>The 40th annual Woman-to-Woman Conference will be at the Wyndham Hotel in Sacramento this weekend, April 10-12. Find out more and register at ncwomantowoman.org/index.html</p> <p>NorCal AA conference <u>May 20-22</u>. San Ramon Marriott, \$30 in advance; hotel rate \$149. Other group-related news is that Traditional Group (in Arden) has moved to 4020 El Camino Ave.</p> <p>Through February, AA group contributions are \$3,000 ahead of budget, a great improvement. Literature sales are \$790 above budget YTD. Net income YTD is \$21,000, which is \$11,000 better than budgeted! CCFAA servants thank us for supporting all of the services it provides!</p> <p><i>By the Way</i> lists Alcathons, AA Birthday names and statistics, and Monthly Speaker Meetings. You can find it on the CCFAA website: https://aasacramento.org/by-the-way-newsletter/</p> <p>Thank you for allowing me to be of service! --Roger</p>
6	H & I Representative and Alternate	John Natalie K	<p>Area 42 H&I had our meeting on March 17th and discussed our usual topic of area updates and needs of H&I services for all 45 hospitals, institutions, and rehabs located in the Sacramento area. If you are looking for any volunteer service to provide, please consider H&I service to volunteer as a Secretary OR as a speaker at one of the many meetings available. We're also adding a Volunteers of America location across from the Mather VA's Department of Addiction and Recovery, if that is of interest. We currently have 16 locations in need of volunteers, so please let me know if you'd like to be of service.</p> <p>Report not given at the meeting</p>

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7	Steering Committee	<p>Suzanne (Chair/Web committee)</p> <p>Angela V (Alternate Chair, Outreach)</p> <p>Tom M. (Building)</p> <p>Stacey S (Outreach)</p> <p>Christi C (SC Recording Secretary)</p> <p>David C ()</p>	<p>The steering committee met on Monday March 9th.</p> <p>We discussed a proposal from Evan to review options for other waste service providers. We found we may be able to change from Waste Management to save on our monthly bill. Additional research is being done on this topic.</p> <p>We reviewed our Position Checklist project and members of the group each chose positions for which to spearhead position checklists including reaching out to current and prior position holders. More to come on this.</p> <p>We discussed possible issues with regard to tax filing and our group's status. We do have a Tax ID, obtained some time in the past. We believe we fit into the 501(c)4 category - NOT an organization with deductible contributions, but a non-profit "social welfare organization". We need to check with a tax attorney to confirm if we are supposed to be sending in a postcard each year to the IRS - we should NOT need to pay any taxes. Anyone know a tax attorney or non-profit CPA that might be able to give us some advice for free? Please note we have already reviewed all documentation available from Central Office on this matter. More to come on this matter.</p> <p>Stacey B will step away to focus on other service positions and other things rather than take a new 2 year position on the Steering Committee.</p> <p>David C will take the 2 year position.</p> <p>Christi C will step away for the remaining year of her position, so we need to elect a replacement for her.</p> <p>Thank you for allowing us to be of service.</p> <p>Suzanne C and the Steering Committee</p> <p>Report not given at the meeting</p>
8	Safety Committee	Adèle	<p>Proposing a safety flip card for what to do in certain situations. Have an availability list that members could call for nearby members that can assist with situations at the hall. Circle back and bring back final</p>

North Hall Group of Alcoholics Anonymous

Monthly Group Conscience Meeting Minutes

			<p>proposal for next month. New business agenda topic.</p> <p>The Ad Hoc North Hall Safety Committee proposes the following:</p> <p>At the discretion of each meeting, as determined by a meeting group conscience during elections or as needed bases, the meeting decides whether safety roles are required:</p> <p>Description of Conditions for Safety Positions</p> <ul style="list-style-type: none"> <input type="checkbox"/> Add information to the election binder describing the conditions under which safety positions need to be implemented and the description of the roles. <ul style="list-style-type: none"> - Identifier - Front door locker - Back door opener - 2 people to deescalate- delegated by the meeting secretary <p>Adopt Definition of Safety</p> <ul style="list-style-type: none"> <input type="checkbox"/> Adopt a written definition of disruption per AA literature (<i>Safety and A.A.: Our Common Welfare (SMF-209)</i> and the <i>Safety Card for A.A. Groups (F-211)</i>). <p>Creation of a Safety Binder and Proposed Safety Categories.</p> <ul style="list-style-type: none"> <input type="checkbox"/> It is proposed that a safety binder be created that includes information on safety categories and a checklist for proper implementation for each category. Proposed safety categories include: <ul style="list-style-type: none"> - <i>Disruptions or Disruptive Behavior</i> - <i>Medical Emergencies</i> <ul style="list-style-type: none"> • Nurses create the plan(?) - <i>Fire Safety</i> <ul style="list-style-type: none"> • Potentially use West Sac flip chart (?) - <i>Threats in the area or General Threats</i> <ul style="list-style-type: none"> • Active shooter <ul style="list-style-type: none"> <input type="checkbox"/> Run & get out? • Shelter in place • Lock down <ul style="list-style-type: none"> <input type="checkbox"/> Get to the back of the hall, where the cinder blocks are located - <i>Natural Disasters/Hazardous Situation</i> <p>Creation/Placement of Safety Flip Cards at Tables</p> <ul style="list-style-type: none"> <input type="checkbox"/> Each card will cover a safety category and would start with a brief description of the category and outline simple "if/then" steps for what members and trusted servants should do in that situation, including reporting flow. <p>Determine Reporting flow (Including GS and GSR) & Identification of Trusted Servants Roles</p> <ul style="list-style-type: none"> <input type="checkbox"/> The following should be considered in developing the Safety Plan: <ul style="list-style-type: none"> - Clarification of process and to whom serious safety concerns or disruptive incidents should be reported. - Retention of idea of preemptive roles (Identifier, two De-escalators, Front Door Person, Back Door Person) as a model that other meetings may adapt if needed. <p>Resourcing the Safety Plan</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify North Hall members with education or expertise in the specified safety categories who can contribute to content of flip cards. <ul style="list-style-type: none"> - Call out to members who could write the safety plans - Put contact information on the white board so members who can contribute can reach out.
9	Supply Chairperson	Janeen	NA
10	Literature	Jose	<p>Purchases:</p> <p>Big Book \$ 1</p> <p>12 x 12 1</p> <p>Meeting Schedules 3</p> <p>24 hour chips 24</p> <p>_____</p> <p>\$60.64</p> <p>Report not given at the meeting</p>
11	Birthday	Candice	NA
12	Meeting Secretary Roll Call		NA

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Closing-

Motion to close- James G

Seconded- Dara

Vote approved- yes

Responsibility Prayer	I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.
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Reminders (source NH Procedures Guide)

January	February	March
Picnic Chairperson	Renew Liability Insurance	Steering Committee (3)
Campout Committee		Solicit GSR conference agenda items, GSR chairs Service Conference Agenda topics meeting
Clean Up Chairperson		Secretaries, Jr's/Hosts, Greeters
Clean Up Co-Chair		Alcathon Chairperson (Starts 9/1)

April	May	June
Clean Up Chairperson		Review July GC date
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters

July	August	September
Conduct Group Inventory (Chaired by GSR)	Decorations Chairperson (starts 11/1)	General Services Representative (odd numbered years only)
Clean Up Chairperson		Alternate GSR (odd numbered years only)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters

October	November	December
Clean Up Chairperson	Technology Chair Election (starts 12/1)	Annual Trusted Servants
Clean Up Co-Chair	Meeting Coordinator (starts 12/1)	Building Committee
		Secretaries, Jr's/Hosts, Greeters

At Will

- Clean-Up Day
- Group Inventory (scheduled by GSR)