

Sample Agenda for PALS Traditional Course

18 Students, 3 PALS Instructors
Approximately 17 hours 30 minutes with breaks

Day 1			
8:00-8:05	Course Introduction		
8:05-8:10	Lesson 1: Course Overview		
8:10-8:20	Lesson 2: Science of Pediatric Resuscitation		
8:20-8:45	Lesson 3A: Child High-Quality BLS Practice		
8:45-9:10	Lesson 3B: Infant High-Quality BLS Practice		
9:10-9:40	Lesson 4: CPR Coach and High-Performance Teams		
9:40-9:50	Break		
Divide class into 2 groups	Lessons 5A and 5B: BLS Testing Stations: Child and Infant High-Quality BLS Tests*		Lessons 6A and 6B: Overview of Systematic Approach; Secondary Assessment
	9:50-10:50	Group A	Group B
10:50-11:50	Group B	Group A	
11:50-12:20	Lunch		
Divide class into 3 groups	Lessons 7A-7C: Management of Respiratory Emergencies; Respiratory Video Case Discussions; Learning Station: Airway Management	Lessons 8A-8C: Management of Shock Emergencies; Shock Video Case Discussions; Learning Station: Vascular Access	Lessons 9A-9C: Management of Arrhythmia Emergencies; Arrhythmia Video Case Discussions; Learning Station: Rhythm Disturbances/ Electrical Therapy
	12:20-1:20	Group A	Group B
1:20-2:20	Group B	Group C	Group A
2:20-2:30	Break		
2:30-3:30	Group C	Group A	Group B
3:30-3:45	Lesson 10: Management of Post–Cardiac Arrest Care		
3:45-4:05	Lesson 11: Learning Station: Coping With Death (Optional)		
4:05-4:15	End-of-Day Debriefing		

Day 2	
8:00-8:10	Recap
Divide class into 3 groups	Lesson 12: Case Scenario Practice With Simulations
8:10-10:40	6 case scenarios per group
10:40-10:50	Break
10:50-12:05	3 case scenarios per group
12:05-12:35	Lunch
12:35-1:50	3 case scenarios per group

Day 2	
1:50-2:00	Break
<i>Divide class into 3 groups</i>	Lesson 13: Case Scenario Testing
2:00-3:15	3 case scenarios per group
3:15-4:15	Lesson 14: Exam
4:15-5:00	Class ends and remediation

*Lesson 5C: Learning/Testing Station: Child and Infant Choking (Optional) (20 minutes) may be facilitated in this time slot.