



LUNCH

NOVEMBER 2025

NEARI School

1% and lowfat chocolate milk
available with all meals

Monday

Tuesday

Wednesday

Thursday

Friday

Beef tacos
Corn
Fresh salsa
grapes

3

Macaroni and cheese
Garlic-parm broccoli
Apples

4

Sesame noodles
Grilled chicken
Snow peas
Pears

5

Hot dogs
Baked beans
Sweet potato wedges
Apples

6

Chicken/cheese quesadilla
Peppers/onions
Oranges

7

Chicken nuggets
Oven fries
Whole wheat garlic roll
Apples

10

Veteran's Day
No School

11

Chicken burrito bowl
Brown rice
Peppers/Onions
Corn
Black beans
Fresh pineapple

12

Fish sticks
Oven fries
Coleslaw
Grapes
J

13

Half day
Penne with meat sauce
Green beans w/oil &garlic
Pears

14

Breakfast for lunch
French toast
Sausage
Tater tots
apples

17

Beef tacos
Corn
Fresh salsa
grapes

18

Sesame noodles
Grilled chicken
Snow peas
Peaches

19

Hot dogs
Baked beans
Sweet potato wedges
Apples

20

Chicken/cheese quesadilla
Peppers/onions
Oranges

21

Sausage, egg & cheese
sandwich
Hash browns
bananas

24

NEARI Thanksgiving Dinner
Bag lunch available
Peanut butter and jelly
Apples
Baby carrots
milk

25

Half day
Bag lunch
Peanut butter and jelly
Apples
Baby carrots
milk

26

Thanksgiving
No School

27

Thanksgiving break
No School

28

Raw vegetable bar available daily
1% plain and lowfat chocolate milk served daily