.....EAZ`S WAY TO

RAINMAKER.....

100 G WORK SESSIONS AWAY



DAY 1 Friday 28.06.2024: 2 GWS 2/100

Reflection: It was a good start, I managed to do the work that I

needed to do. Used my time to be productive and work through when the roadblock came through. Could have been faster, but i learned that the time is used best when you learn something and not rush things over.

DAY 2 Saturday 29.06.2024: 4 GWS 6/100

Reflection: I had a promising start to the day and successfully

completed my required tasks. By staying productive, I managed to tackle any hurdles that came my way. Even though my progress could have been better, I appreciated that taking the time to learn was more valuable than rushing through the work. Today, I accomplished more GWS tasks than yesterday. I woke up earlier and used the time well.

DAY 3 Sunday 30.06.2024: 4 GWS 10/100

Reflection: It's been a great day; I managed to complete everything I needed to do. I posted new content on my Instagram, created a new Sunday OODA loop format for myself, and wrote in more detail than ever before. It

took some time, but as they say, great things take time. I did some GWS (not sure what this refers to, so left as is), but I could have accomplished more if I had woken up earlier as planned. Tomorrow will be better if I rise earlier. Now, I'll finish the last item on my list, which is going to the gym.

DAY 4 Monday 01.07.2024: 3 GWS 13/100

Reflection: Today has been incredibly productive. I successfully completed

everything on my to-do list: I posted new content on Instagram, created a new format for my Monday reflections, and wrote in more detail than ever before. It took some time, but as the saying goes, great things take time. I also tackled some GWS tasks, although I could have achieved even more if I had woken up earlier as planned. Tomorrow will be better if I get up earlier.

In addition to these tasks, I spent a lot of time outside taking photos and videos for my Instagram content. The natural light and scenery provided the perfect backdrop, adding a fresh and dynamic element to my posts. Capturing these moments not only enhanced my content but also gave me a chance to enjoy the outdoors.

DAY 5 Tuesday 02.07.2024: 3 GWS 16/100

Reflection: In addition to these tasks, I spent a lot of time outside taking photos and videos for my Instagram content. The natural light and scenery provided the perfect backdrop, adding a fresh and dynamic

element to my posts. Capturing these moments not only enhanced my content but also gave me a chance to enjoy the outdoors.

DAY 6 Wednesday 03.07.2024: 4 GWS 19/100

Reflection: I also dedicated a significant amount of time to taking photos and videos outdoors for my Instagram content. The natural light and picturesque scenery served as an ideal backdrop, bringing a vibrant and dynamic quality to my posts. Documenting these moments not only enriched my content but also allowed me to relish the outdoor environment. I should have woken up earlier to get more done.

DAY 7 Thursday 04.07.2024: 3 GWS 22/100

Reflection: I invested a lot of time in capturing photos and videos outside for my Instagram. The natural lighting and beautiful scenery provided the perfect setting, adding vibrancy and dynamism to my posts. Not only did these activities enhance my content, but they also gave me the opportunity to enjoy the outdoors. In hindsight, I wish I had woken up earlier to accomplish even more.

DAY 8 Friday 05.07.2024: 3 GWS 25/100

Reflection: I dedicated a significant amount of time to taking photos and videos outdoors for my Instagram. The natural light and stunning landscapes created an ideal backdrop, infusing my posts with energy and life. This not only improved my content but also allowed me to appreciate the outdoors. Looking back, I regret not waking up earlier to get even more done. I also had a meeting with the client and now have more work lined up for tomorrow.

DAY 9 Saturday 06.07.2024: 3 GWS /100

Reflection:

DAY 10 Sunday 07.07.2024: GWS/100

Reflection:

G Work Checklist

- Set a desired outcome and plan actions
- Pick an attitude
- Hydrate, Caffeinate, Get the blood flowing
- Remove distractions
- Set a timer for 60-90 mins

- Get started
- Evaluate afterwards