

Table of Contents

CDC Posters.....2

New York Posters.....7

California Posters.....11

Texas Posters.....16



## Three Reasons Why You Were Given Top Priority to Be Vaccinated Against COVID-19



- 1 You are on the front lines and risk being exposed to people with COVID-19 each day on the job.
- 2 Protecting you also helps protect your patients and your family, especially those who may be at higher risk for severe illness from COVID-19.
- 3 You matter. And you play an essential role in keeping your community healthy.

***Lead the way!***

**Encourage your coworkers, patients, family and friends to get vaccinated.**



12/09/20

[www.cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines)



# Why Get Vaccinated?

## To Protect Yourself, Your Coworkers, Your Patients, Your Family, and Your Community

- Building defenses against COVID-19 in this facility and in your community is a team effort. And **you** are a key part of that defense.
- Getting the COVID-19 vaccine adds **one more layer of protection** for you, your coworkers, patients, and family.



Here are ways you can **build people's confidence** in the new COVID-19 vaccines in your facility, your community, and at home:

- ✓ **Get vaccinated** and enroll in the **v-safe** text messaging program to help CDC monitor vaccine safety.
- ✓ **Tell others why** you are getting vaccinated and encourage them to get vaccinated.
- ✓ **Learn how to have conversations** about COVID-19 vaccine with coworkers, family, and friends.



12/09/20

[www.cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines)

# How mRNA COVID-19 Vaccines Work

## Understanding the virus that causes COVID-19.

Coronaviruses, like the one that causes COVID-19, are named for the crown-like spikes on their surface, called **spike proteins**. These **spike proteins** are ideal targets for vaccines.

## What is mRNA?

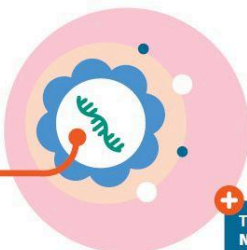
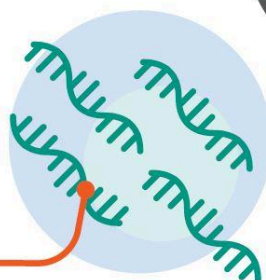
Messenger RNA, or mRNA, is genetic material that tells your body how to make proteins.

## What is in the vaccine?

The vaccine is made of mRNA wrapped in a coating that makes delivery easy and keeps the body from damaging it.

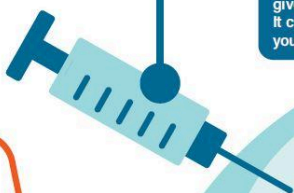
## How does the vaccine work?

The mRNA in the vaccine teaches your cells how to make copies of the **spike protein**. If you are exposed to the real virus later, your body will recognize it and know how to fight it off.



**+** The vaccine **DOES NOT** contain **ANY** virus, so it cannot give you COVID-19. It cannot change your DNA in any way.

**+** When your body responds to the vaccine, it can sometimes cause a mild fever, headache, or chills. This is completely normal and a sign that the vaccine is working.



Antibody

**+** After the mRNA delivers the instructions, your cells break it down and get rid of it.

## GETTING VACCINATED?

For information about COVID-19 vaccine, visit: [cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines)

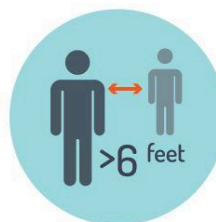






## COVID-19 Vaccines

**Vaccines (shots) are one of the tools we have to fight the COVID-19 pandemic.**



To stop this pandemic, we need to use all of our prevention tools. Vaccines are one of the most effective tools to protect your health and prevent disease. Vaccines work with your body's natural defenses so **your body will be ready to fight the virus**, if you are exposed (also called immunity). Other steps, like wearing a mask that covers your nose and mouth and staying at least 6 feet away from other people you don't live with, also help stop the spread of COVID-19.

Studies show that COVID-19 **vaccines are very effective** at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. These vaccines cannot give you the disease itself.



**The vaccines are safe.** The U.S. vaccine safety system makes sure that all vaccines are as safe as possible. All the COVID-19 vaccines that are being used have gone through the same safety tests and meet the same standards as any other vaccines produced through the years. A system in place across the entire country that allows CDC to watch for safety issues and make sure the vaccines stay safe.



**Different types of COVID-19 vaccines will be available.** Most of these vaccines are given in two shots, one at a time and spaced apart. The first shot gets your body ready. The second shot is given at least three weeks later to make sure you have full protection. If you are told you need two shots, make sure that you get both of them. The vaccines may work in slightly different ways, but all types of the vaccines will help protect you.



[www.cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines)

# What to Expect after Getting a COVID-19 Vaccine

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. Some people have no side effects.

## Common side effects

### On the arm where you got the shot:

- Pain
- Redness
- Swelling

### Throughout the rest of your body:

- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

## Helpful tips

If you have pain or discomfort after getting your vaccine, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort where you got the shot: To reduce discomfort from fever:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.
- Drink plenty of fluids.
- Dress lightly.

## When to call the doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days

## Remember

- Side effects may affect your ability to do daily activities, but they should go away in a few days.
- With some COVID-19 vaccines, you will need 2 shots in order to get the most protection. You should get the second shot even if you have side effects after the first shot, unless a vaccination provider or your doctor tells you not to get it.
- You will only need 1 shot of the viral vector COVID-19 vaccine, Johnson & Johnson's Janssen COVID-19 Vaccine.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until about two weeks after your second shot. For COVID-19 vaccines that require 1 shot, it takes about two weeks after vaccination for your body to build protection.
- After you are fully vaccinated, you may be able to start doing some things you had stopped doing because of the pandemic. Visit CDC's website for the latest recommendations. [www.cdc.gov/coronavirus/vaccines](https://www.cdc.gov/coronavirus/vaccines).



## Ask your vaccination provider about getting started with v-safe

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second dose.

Learn more about v-safe.

[www.cdc.gov/vsafe](https://www.cdc.gov/vsafe)

## HEALTHCARE PROVIDER, PLEASE FILL IN THE INFORMATION BELOW:

If your temperature is \_\_\_\_°F or \_\_\_\_°C or higher or if you have questions, call your healthcare provider.

Tell your healthcare provider about: \_\_\_\_\_

**Healthcare provider phone number:** \_\_\_\_\_

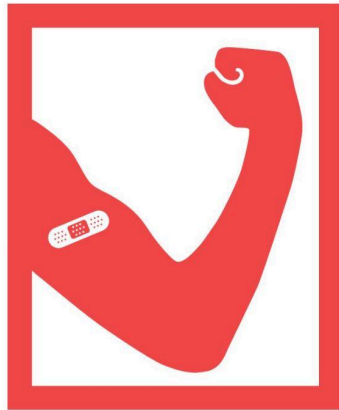
### Medication (if needed):

Take \_\_\_\_\_ every \_\_\_\_\_ hours as needed.  
(type and dose or amount)



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

## New York



# VACCINATE NEW YORK



Department  
of Health

**Wear a Mask. Get Vaccinated. Save Lives.**  
[ny.gov/vaccine](https://ny.gov/vaccine)



Scan this code to go to [ny.gov/vaccine](https://ny.gov/vaccine)

12/20

## The COVID-19 vaccine **CANNOT** give you COVID.

*None of the vaccines are made up  
of materials that can cause disease.*



Department  
of Health



# COVID-19 Vaccine.

**It's safe.  
It's free.  
It works.**

**Wear a Mask. Get Vaccinated. Save Lives.**  
[ny.gov/vaccine](https://ny.gov/vaccine)



Scan this code to go to [ny.gov/vaccine](https://ny.gov/vaccine)



12/20



# It's essential.

*Get your COVID-19 Vaccine.*



**Wear a Mask. Get Vaccinated. Save Lives.**  
[ny.gov/vaccine](https://ny.gov/vaccine)

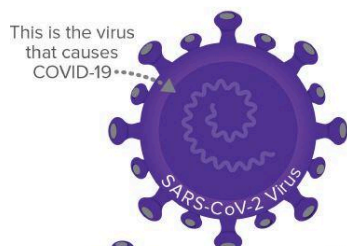


Scan this code to go to [ny.gov/vaccine](https://ny.gov/vaccine)



Department  
of Health

## How does messenger RNA (mRNA) in COVID-19 vaccines work?



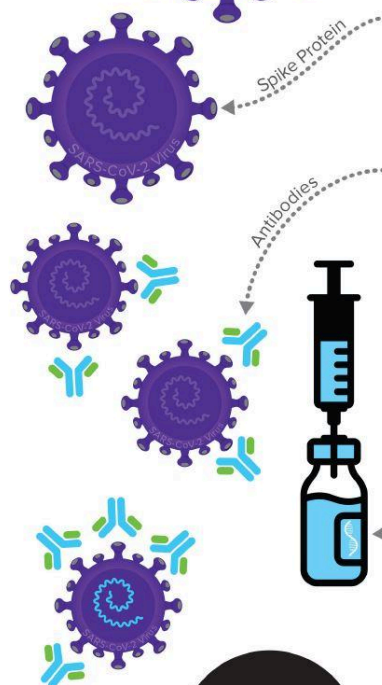
mRNA vaccines use a small, harmless part of the COVID-19 virus's genetic material. This is NOT the virus itself.

Inside your body, mRNA vaccines teach your body to create a protein called the "spike protein." You've seen it in drawings on the outside of the Coronavirus.

Your body's immune system recognizes these spike proteins. It jumps into action, making antibodies that help you fight the virus if you are exposed to it. That is called an immune response.

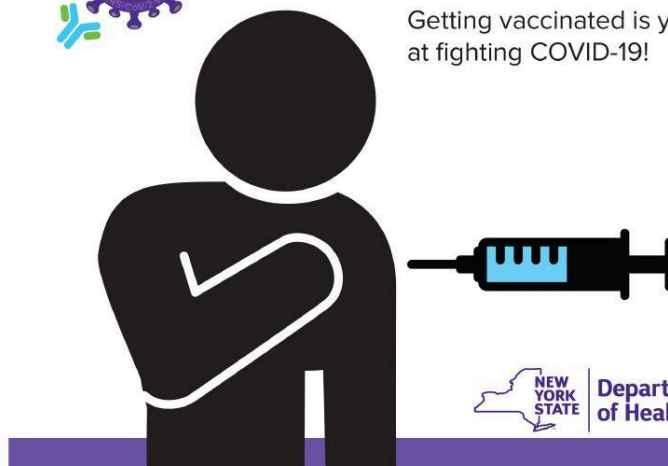
It's important to remember:

- The mRNA vaccine does not change your personal genes.
- It does not contain a live virus.
- It cannot give you COVID-19.



Messenger RNA (mRNA) vaccines are new. But they've been studied for 10 years.

Getting vaccinated is your best "shot" at fighting COVID-19!



Department  
of Health



## California

# MEDICAL EXPERTS ENDORSE COVID-19 VACCINES

### YOUR SAFETY IS A PRIORITY:

CA's top medical experts have validated that the vaccines are safe and effective.



### ACCESS WILL BE FAIR:

Vaccines will be provided at no cost and will be widely available later in 2021 through a phased plan based on risk and exposure levels.

### VACCINATION HELPS END THE PANDEMIC:

Getting vaccinated will help us reopen the economy and relieve severely impacted hospitals and communities.



[covid19.ca.gov/vaccines](https://covid19.ca.gov/vaccines)

Vaccinate **ALL** 58



# COVID-19 VACCINE IS HERE

STAY INFORMED. KEEP WEARING YOUR MASK.

- Validated by the nation's top medical experts to be safe and effective
- Provided at no cost
- Phased distribution plan based on risk and level of exposure
- Widely available later in 2021

[covid19.ca.gov/vaccines](https://covid19.ca.gov/vaccines)





# COVID-19 VACCINE IS HERE

**STAY INFORMED. KEEP WEARING YOUR MASK.**

- Validated by the nation's top medical experts to be safe and effective
- Provided at no cost
- Phased distribution plan based on risk and level of exposure
- Widely available later in 2021



[covid19.ca.gov/vaccines](https://covid19.ca.gov/vaccines)

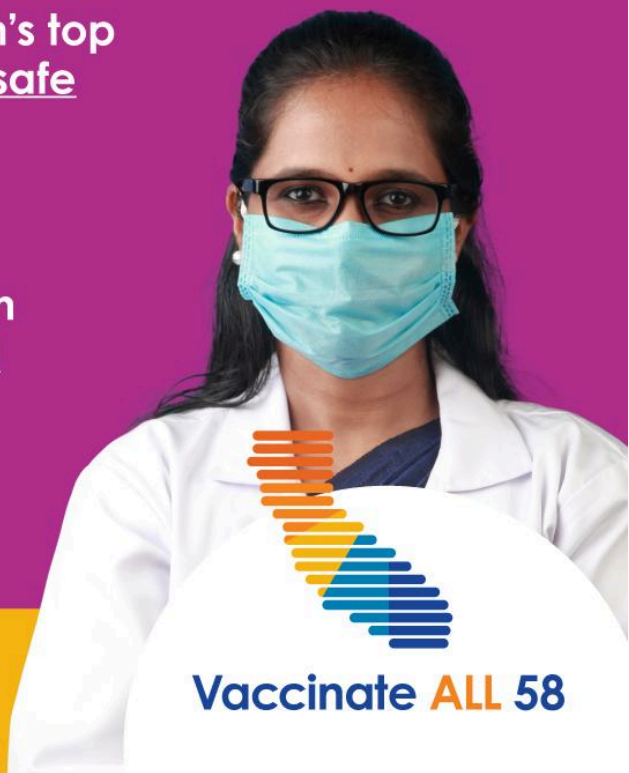
**Vaccinate ALL 58**

# COVID-19 VACCINE IS HERE

**STAY INFORMED. KEEP WEARING YOUR MASK.**

- Validated by the nation's top medical experts to be safe and effective
- Provided at no cost
- Phased distribution plan based on risk and level of exposure
- Widely available later in 2021

[covid19.ca.gov/vaccines](https://covid19.ca.gov/vaccines)



# COVID-19 VACCINE AT A GLANCE

- Validated by the nation's top medical experts to be safe and effective
- Health care workers and residents in long-term care will be the first to be vaccinated
- Provided at no cost
- Phased distribution plan based on risk and level of exposure
- Widely available later in 2021

**STAY INFORMED.  
KEEP WEARING YOUR MASK.**

[covid19.ca.gov/vaccines](https://covid19.ca.gov/vaccines)



**Vaccinate ALL 58**

# Texas

## How to Sign Up for a COVID-19 Vaccine in Texas

People can sign up with a vaccination hub or a community vaccine provider.

★ Sign up with a vaccination hub. Hubs are available across the state

- Find a hub near you by checking [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus). Sign up on the hub's website or by calling if a website isn't available.
- Hubs may have long waiting lists. Do not sign up on multiple waiting lists or vaccine could be wasted.
- You can get a vaccine at any hub, regardless of where you live.

★ Sign up with a community vaccine provider

- Local vaccine providers, like pharmacies, may have vaccine available.
- Use the Texas COVID-19 vaccine provider map to find a provider near you with vaccine available.
- Check the provider's website for how to best sign up for a vaccine. Call only if the provider's website doesn't answer your question.

Who can get a vaccine:

Front-line  
healthcare workers

People 65 and older

People 16+ with a health  
condition that increases risk  
of severe COVID-19 illness

### Reminders:



**DON'T JUST SHOW UP**

Do not show up at a vaccine provider without first signing up or checking the provider's instructions for vaccination.



**BE PATIENT -  
SUPPLY IS LIMITED**

Vaccine supply is limited. Do not expect every provider to have vaccine available. Texas gets more vaccines each week.



**VISIT DSHS WEBSITE**

Find vaccination hubs and the Texas COVID-19 vaccine provider map at [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus).

**COVID-19**  
CORONAVIRUS DISEASE 2019



TEXAS  
Health and Human  
Services | Texas Department of State  
Health Services

For updates and more information, visit [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus)



# What Side Effects Does the Pfizer COVID-19 Vaccine Have?

Any side effects are usually mild to moderate. Side effects are from your immune system reacting to the vaccine, which means the vaccine is working.

**Side effects reported with the Pfizer COVID-19 vaccine include:**

- Injection site pain, swelling and/or redness
- Tiredness
- Headache
- Muscle and/or joint pain
- Chills, fever, and/or nausea
- Feeling unwell
- Swollen lymph nodes

**Severe allergic reactions are rare and would usually occur within a few minutes to one hour after getting a vaccine dose. Signs of a severe allergic reaction can include:**

- Difficulty breathing
- Swelling of your face and throat
- A fast heartbeat
- A bad rash all over your body
- Dizziness and weakness

**These may not be all possible side effects. If you have a severe allergic reaction, seek medical care immediately. Call your vaccine or healthcare provider if you have any side effects that bother you or do not go away.**

**COVID-19**  
CORONAVIRUS DISEASE 2019



Texas Department of State  
Health Services

**For updates and more information, visit [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus)**

# Texas Vaccine Allocation Guiding Principles

Texas will initially allocate COVID-19 vaccines based on:



**Protecting health care workers** who treat COVID-19 patients and provide health care for all who need it.



**Protecting frontline workers** who provide essential services and are at greater risk of getting and spreading COVID-19.



**Protecting vulnerable populations** at greater risk of severe COVID-19 illness.



**Mitigating health inequities** due to demographics, poverty, insurance and more.



**Data-driven allocations** using the best available science and epidemiology.



**Geographic diversity** across urban and rural communities.



**Transparency** with the public and seeking their feedback.

**COVID-19**  
CORONAVIRUS DISEASE 2019



Texas Department of State  
Health Services

For updates and more information, visit [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus)

# Who Should Get the Moderna COVID-19 Vaccine?

The FDA advises people to get the Moderna vaccine if they:

- Are 18 and older
- Have had no severe allergic reaction to any ingredient of this vaccine or after a previous dose of this vaccine.

Tell your vaccine provider about all your medical conditions, including if you:

- Feel sick or have a fever
- Have any allergies
- Have a bleeding disorder or are on a blood thinner
- Are immunocompromised or are on a medicine that affects your immune system
- Have dermal fillers
- Are pregnant or plan to become pregnant
- Are breastfeeding
- Have received another COVID-19 vaccine
- Have received any other vaccine recently
- Have tested positive for COVID-19 or been treated for COVID-19 in the past

**COVID-19**  
CORONAVIRUS DISEASE 2019



Texas Department of State  
Health Services

For updates and more information, visit [dshs.texas.gov/covidvaccine](https://dshs.texas.gov/covidvaccine)



# Who Should Get the Pfizer COVID-19 Vaccine?

People should get the Pfizer vaccine if they:

- Are 16 and older.
- Have had no severe allergic reaction to any ingredient of this vaccine or after a previous dose of this vaccine.

Tell your vaccine provider about all your medical conditions, including if you:

- Feel sick or have a fever
- Have any allergies
- Have a bleeding disorder or are on a blood thinner
- Are immunocompromised or are on a medicine that affects your immune system
- Have dermal fillers
- Are pregnant or plan to become pregnant
- Are breastfeeding
- Have received another COVID-19 vaccine
- Have received any other vaccine recently
- Have tested positive for COVID-19 or been treated for COVID-19 in the past

**COVID-19**  
CORONAVIRUS DISEASE 2019



Texas Department of State  
Health Services

For updates and more information, visit [dshs.texas.gov/covidvaccine](https://dshs.texas.gov/covidvaccine)