## Year 5 Distance Learning - Who We Are (Unit 2) - Lifestyle choices impact our hauora Week 1: Wednesday 15th April-Friday 17th April

	Tasks to work through (you can do these in any order)	You can do these if you have more time
Term 1 tasks to complete first	<ol> <li>To sum up our How The World Works unit about food, watch the video on the website Everybody Eats. This is an initiative about what to do about food waste. After watching the video - make a pledge about what you can do at home to help with this global problem and add it to the google classroom assignment.</li> <li>Last Saturday it was Earth Hour, we were going to actively recognise this at school. Please create a new google doc, title: Earth Hour. Use one of the prompts below         <ul> <li>I can make the Earth a better place by</li> <li>There are many ways to take care of the Earth</li> <li>We need to take care of our planet or</li> <li>Recycling is important because</li> </ul> </li> <li>When we return to school we will publish these below your agamographs and display them in the classroom. Please add this to the google classroom assignment. This website has lots of interesting facts about animals and the threats facing our planet.</li> <li>Start or continue with your EOTC Seesaw reflection post. Choose a photo from the folder shared with you and write a paragraph explaining what you were doing in the photo. Make sure that you include: who, what, where, when, why &amp; feelings. This can be a typed or spoken recording and can have multiple photos.</li> </ol>	
Maths	4. Make sure that your Mathletics tasks are up to date.  5. Addition and Subtraction Tasks & Videos showing how to complete strategies on Khan Academy - please log in via your google account - class codes have been emailed to you, or you can log in as follows  Room 5: VWVFFU56 Room 6: 86SJGUW6 Room 7: 4HR2WCWA	<ul> <li>Check out the <u>distance learning</u> online activities on our Year 5 website - all of these you can have a look through and do in your own 'can do' time.</li> <li>You can find your passwords and reflection journals linked on the <u>distance learning</u> page.</li> <li><u>Sunshine Online</u> have a range of books for independent reading or for doing activities from. <b>Username:</b> milford <b>Password:</b> pupuke</li> <li>Watch and listen to a story on <u>Story Online</u> together.</li> <li>Do maths around the home - <u>ideas here!</u></li> <li>Join the <u>National Library Book Club</u> and take part in their online competition</li> </ul>
Reading	<ul> <li>6. Read Theory - By now you should have completed the pre-test. Complete a minimum of 3 quizzes this week. We will be checking that you are doing these regularly.</li> <li>7. As part of your daily reflection diary, record what and how much you're reading each day. Let us know the title of the book, page numbers, maybe a quick recap and whether you want to read other books by that author!</li> </ul>	
Writing	<ul> <li>8. Sign in to Writing Legends and complete at least 1 task.</li> <li>Make sure that you carefully read the hints and listen to the podcast, so you know what is expected. Plan your writing using the brainstorm and await our feedback before you publish your writing on the site.</li> <li>9. Practice your Week 9 spelling words, learn what they mean, look them up in a dictionary and find out what kind of word they are (eg noun, verb, adverb etc). Get mum or dad to test you and record your result in your daily reflection diary.</li> </ul>	
Garden to Table	10. Help with making at least one food item with your family this week. This can be baking or cooking or preparing a salad. Take a photo of the item and insert it into your <b>daily reflection diary</b> with a couple of sentences explaining what you made and how it tasted.	Take a look at the <u>GTT page</u> on our Year 5 website and have some fun in the garden and kitchen!
Unit of Inquiry	<ul> <li>11. Draw a healthy person - do this activity either on a piece of paper (then take a photo to upload) or create your picture using google drawing - label your person with how you know that the person is healthy, what makes the person healthy and why. Turn in to google classroom Term 2 Week 1</li> <li>Then watch this video - in your own words, explain what you think Hauora means. Complete this on the google doc in google classroom Term 2 Week 1.</li> </ul>	<ul> <li>Please can you each keep hold of one 1.5L carbonated drink bottle for use in school once we go back to normal.</li> <li>Eg an empty bottle from sprite, coke, soda water, ginger beer etc.</li> </ul>
Mindfulness	12. Be calm, do some mindfulness with your family Mindfulness 2, Mindfulness 3, let us know how you felt doing this with your family in your daily reflection diary.  13. Watch Papatuanuku is breathing Go outside, listen, watch and breathe - what do you feel, see, hear?	<ul> <li>Here is a <u>link</u> to a video by Tui Fleming with the theme 'keep calm' with information and breathing practices.</li> <li>Here is a <u>link</u> to a video by Tui Fleming with the theme 'managing big feelings'</li> </ul>
Specialists	<ul> <li>14. Mrs Middleton, Madame Bradbeer, Mrs Lavulo &amp; Miss Brown will be uploading activities for you to do on Seesaw this week. Check out their videos in the activities section!</li> <li>Wednesday - Music &amp; French</li> <li>Thursday - PE</li> <li>Friday - STEM</li> </ul>	<ul> <li>Listen and singalong to some Te Reo Storytelling on this website: Te Reo singalong books.</li> <li>Click on this link to take you to the Specialist Teachers Webpage for heaps of activity ideas.</li> </ul>
Reflection	15. You have been shared a copy of a diary template in your Gmail - also in the following links. Room 5 Room 6 Room 7 Each day we expect you to write a daily reflection for us to read. Take a look at the document as we have provided some ideas at the top for things you can write about!	Make a <u>Learner Profile Attributes Certificate</u> for someone in your home
Family Time	16. Spend time with your family playing a board game, jumping on the trampoline, walking around the block, playing catch, reading your favourite book together, try an online jigsaw puzzle. This is a time to remember what you are grateful for and enjoying time spent with loved ones.	<ul> <li>Have a go at the storm in a teacup challenge</li> <li>Morning Challenge - take a look at this website each day. Click on the date and see how many of the challenges you can complete.</li> <li>Here is a list of non-device activities that you could also do at home over the next few weeks</li> <li>Art Ideas</li> </ul>