



WRC Bow Person – Expectations

- Be familiar with and understand the *Coxswain and Bow Person Handbook*
- Read and be familiar with the [WRC Navigation and Safety Guide](#)
- Ensure the safety of the rowers and the boat – on and off the water
- Know your water, rules of the river, and potential obstacles
- Be up to date on the bridge construction to ensure safe steering.
- **Know the weather and adhere to club weather limitations**
- Know the hours of daylight and adhere to club daylight requirements
- Know what to do in event of an accident or incident
- Know the emergency phone numbers
- Know and adhere to boat light requirements
- Know how to use the boat-use schedule
- Be aware of the tide schedule
- Know where the shallow water hazards are
- Know and adhere to the boat weight capacities
- Have sufficient size and strength relative to the other rowers to control the boat
- Take charge from the time the boat is removed from the rack until it is returned
- Safely launch from the dock and recover to the dock
- Be aware of and steer to avoid other boat traffic
- Be watchful for and steer to avoid any stationary or floating obstacles
- Know the effective commands – including “check it down” for immediate stops
- Know how to get back into the boat if you flip
- Know how to use toe steering mechanisms – if boat is equipped
- Be watchful for and know how to manage in the event of a wake
- Watch the USRowing Safety video every year for a refresh
- If there’s an incident – record in computer AND complete Incident report if needed

WRC Bow Person – Requirements

- Be listed as WRC Bow/Red Dot qualified
- Be in command of the boat
- **Make the decision regarding weather, daylight and water conditions**
- Sign the boat out under your name on the computer (Regattacentral) AND in the boat-use (sign-out) book
- Report any wear and damage to the boat
- Complete an incident report in the event of damage/injury or near miss
- Carry a cell phone on the water in waterproof case
- Carry an emergency whistle
- Sign the boat back in

Note: Scholastic or Junior rowers are not expected to be fully responsible for the boat. While scholastic bow persons are expected to meet the expectations and follow the requirements, the scholastic coaches are entrusted with overseeing the expectations and meeting the requirements related to bowing WRC equipment.