



**MANSFIELD**  
cosmetic surgery center

<https://sites.google.com/view/cosmeticsurgerymansfield/breast-augmentation>

## How to pick your new size of implant



Choosing the size of implant, measured in volume (cc's or cubic centimeters) is based on several factors and must be individualized for each body type. Some women have small or petite frames, while others are tall and have broad shoulders. The goal is to create a natural and well-proportioned feminine figure without looking "augmented". To better simplify, there are three basic candidates requesting breast augmentation surgery: First, is the young candidate in her 20's to 30's with small breasts (A or small B-cup) who just need added volume. The most commonly requested size is a "36 full C-cup", which on average may require an implant size of 375cc to 450 cc. These candidates are extremely happy following breast enlargement and experience a wonderful transformation that improves self-confidence and total body image. Second, is the candidate in her 30's to 40's who has experienced post partum atrophy and breast deflation following pregnancy and breast-feeding. As a consequence, their breasts now appear flat, flabby, and deflated. Sometimes, these candidates may also need a breast lift or mastopexy to reposition or center the areola over the implant. Lastly, is the candidate who already has breast implants but is now requesting cosmetic breast revision due to asymmetry, unevenness, hardening or rippling. These candidates also commonly request implant exchange from saline to silicone gel. During your consultation with Dr. Thornton you will collectively share in the decision making process about your personal needs, desires, implant size, and expectations, as your reasons to choose breast augmentation or breast

revision surgery are unique and personal.

How to know if you need a breast lift?

The goal of a breast lift or mastopexy is to reposition or “lift” sagging breasts, due to the effects of pregnancy, breast-feeding, and massive weight loss. The end result of these conditions cause the breasts to temporarily enlarge, thus stretching out the breast skin and impairing its ability to support the underlying breast tissue. Once the breast skin has stretched out to its maximum limits, it loses the elastic ability to return to its original shape and the breast skin remains stretched and flaccid. This condition is termed “ptosis” and can be classified as first-degree, second-degree, or third-degree. During your private consultation with Dr. Thornton, your degree of breast ptosis will be analyzed and you will collectively share in the decision making process about your personal needs, desires, and expectations. Incisions for a breast lift are placed around the dark skin of your areola and along the underside breast crease. However, Dr. Thornton provides every effort to minimize the size of your scars and to make them as inconspicuous as possible. During the breast lift procedure, excess skin is removed and rearranged to tighten the flaccid skin envelope and provide restorative support to the underlying breast tissue. The nipple-areola complex is elevated to a more natural position, restoring your breasts to a more youthful appearance with more fullness and projection. A breast lift is often done in combination with breast implant augmentation in order to achieve the most desirable effect during a single-stage operation. Healing is a gradual process and may take several months before you begin to see a final result.

What is the Recovery process?

The initial discomfort following breast augmentation or other cosmetic breast surgery usually lasts one to two weeks. Your chest muscles will be sore—like the feeling after doing lots of push-ups—and this discomfort is typically gone after 2-3 weeks. Dr. Thornton will provide you with narcotic pain medication and muscle relaxants. You will be fitted with a comfort or sports bra and other breast garments designed to reposition your implants during the healing process. Post-operative visits with Dr. Thornton will be frequent during the first several months to identify and manage any minor complications.

Can I afford Breast Augmentation?

Medical insurance does not cover the costs of breast augmentation or cosmetic breast surgery. However, Dr. Thornton offers affordable cosmetic surgery by accepting major card cards including, Mastercard, VISA, and American Express. In addition, we are pleased to offer various third-party, private payment programs including Care Credit, one of the nation’s leading cosmetic surgery payment programs making it easy to afford breast augmentation. Dr. Thornton provides a convenient breast augmentation “package” that includes the cost of two implants (either silicone gel or saline), surgeon fee, operating room fee, and anesthesia fee, pre-op lab fee, and post-op breast garments. Contact our office for pricing details.

## Company Description

Mansfield Cosmetic Surgery Center, under the directorship of Dr. Michael L. Thornton, provides various procedures in Facial Plastic Surgery, Breast Cosmetic Surgery, Body and Buttock Contouring, SculpSure® Non-Invasive Fat Reduction, Male Cosmetic Surgery and Non-Surgical Aesthetics from our Medical Spa.

## Contact Details

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Google Folder: [https://drive.google.com/drive/folders/1uTpP\\_ozT4gms\\_OjzkEuf2oQo6GFFOW9W?usp=drive\\_open](https://drive.google.com/drive/folders/1uTpP_ozT4gms_OjzkEuf2oQo6GFFOW9W?usp=drive_open)

## Recommended Resources

<https://mgyb.co/s/oczJq>

<https://mgyb.co/s/VwhBy>

<https://mgyb.co/s/rCinG>

<https://mgyb.co/s/fNqki>

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