

THCC Polo Rules

START

- Start with backs of boats on the goal line
- Ball to be thrown into centre of field

PADDLE FOUL:

- Paddles are not allowed to be placed within arm's reach of another player in possession of the ball (Unless you are the Goalkeeper), nor used to lean on a boat for support.
- If used to reach across the boat, there must be no contact.
- Paddles cannot be used to reach for the ball once another paddler is reaching for it.

ILLEGAL POSSESSION:

- 5 second maximum possession
- To restart the clock, the ball must travel 1m away from you.
- Can pass to another player or self (dribbling).

TACKLING - KAYAK:

- Boat tackles are used to disrupt a player's ability to play the ball/gain possession.
- The tackled player must be in possession or within 3m trying to gain possession of the ball.
- Tackling opponents' boats at right angles, and boat body contact are illegal.

TACKLING - HAND:

- Should discuss who is okay with being hand tackled at the start of the game.
- You may only hand tackle if you are comfortable being hand tackled.
- Allowed if the player is in possession (see above).
- Open one handed push to upper arm, side or back.

- Knock the ball out of hand, if only the ball and not the player are touched.

JOSTLING: (obstruction)

- Jostling (manoeuvring your kayak against an opponent's kayak) is allowed within 6 meters (about 2-3 boat lengths) of the goals or within 3m of the ball

GOALKEEPER:

- Can be anyone – Defined as the defending player most directly under the goal.
- You must not come in contact with, or push someone onto, the goalkeeper.
- It is a foul if they are "moved or unbalanced".
- You must actively try to avoid being pushed onto the goalie.

SWIMMERS/T-RESCUES:

- Play is paused until the Paddler is safe (Not necessarily in a boat, can be out of the water with gear.
- Possession is given to the opposing team unless a foul was committed.

FOULS:

- When a foul is committed possession is given to the opposing team for a free shot where the foul was committed.
- Play continues after the ball is passed or a shot is taken.