

Steven Atkinson - Geriatric Conference

Faculty:

Steven Atkinson

Duration:

14 Hours 6 Minutes

Format:

Audio and Video

Copyright:

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Description

Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you **MUST** know how to address the unique concerns of the older adults under your care.

Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive recording, geriatric expert, Steven Atkinson, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide.

Steven is passionate about his work and sharing his expertise with other professionals. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get management strategies and more for:

- Alzheimer's Disease & Dementias
- Pain Management
- Geriatric Pharmacology
- Geriatric Emergencies
- Managing Challenging Behaviors
- Caregiver Stress & Burnout
- And Much More

Handouts

Outline

DAY ONE

SESSION 1: DIFFERENTIATING DEMENTIAS

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
- Types of Dementias
- Alzheimer's Disease
- Parkinson's Disease Dementia
- Substance-Induced Neurocognitive Disorder
- Pharmacological Management

SESSION 2: GERIATRIC PHARMACOLOGY: TOOLS FOR THE HEALTHCARE PROFESSIONAL

For geriatric patients taking more than five medications, the statistical chance of a drug drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

SESSION 3: PAIN MANAGEMENT IN THE ELDERLY

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

DAY TWO

SESSION 1: MANAGING GERIATRIC BEHAVIORS: WANDERING, AGGRESSION, MALNUTRITION AND MORE

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
- Physical Aggression
- Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
- Sleepless Nights & Sundowning
- Professional Issues

SESSION 2: **GERIATRIC EMERGENCIES**

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Common Underlying Chronic Illness
- Cardiovascular Emergencies
- Pulmonary Emergencies
- Cerebrovascular Emergencies
- Orthopedic Emergencies
- Abdominal Emergencies

SESSION 3: **TOP TEN MEDICATIONS TO AVOID IN THE GERIATRIC PATIENT**

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
- Risks Associated with Anticholinergic Drugs
- The TOP TEN
- 5 Things Patients & Physicians Should Question

Faculty



Steven Atkinson, PA-C, MS Related seminars and products: 18

Steven Atkinson, PA-C, MS, is a Board-Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.

Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes.










Steven is the author of *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations, Second Edition* (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a “dynamic” educator and one of the most engaging presenters around. Don’t miss him!

Speaker Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc.

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose.

Proof Content

 Handouts	 	45.5 MB
 2. 2-Day. 2019 Geriatric Conference - Day 1.mp4	 	2.2 GB
 1. 2-Day. 2019 Geriatric Conference - Day 2.mp4	 	2.3 GB

