


Tab 1

Lab Entry

Date: _____  Date _____

Time Start: _____ Time End: _____ Time Spent: _____

1. Tags (check all that apply):

☒ Literature Review

☒ Hypothesis Design

☒ Experimentation

☒ Data Collection

☒ Data Analysis

☒ Writing

☒ Presentation Prep

☒ Other: _____

2. Goal for this session:

What did you intend to accomplish?

3. Tasks Completed(make sure you provide evidence of this work based on what you checked off in question #1):

What did you actually do?

4. Challenges or Questions:

What was difficult, unclear, or unexpected?

5. Next Steps:

What will you do next?

6. Mentor Notes (if any):

Summarize mentor feedback or suggestions.

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Date: _____	Time In: _____	Time Out: _____	Elapsed: _____
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Date: _____	Time In: _____	Time Out: _____	Elapsed: _____
Date: _____	Time In: _____	Time Out: _____	Elapsed: _____
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