

# EXPEDITION 9 Workbook

## Make the Climb

*Turning Plans into Action*

Student Name \_\_\_\_\_

Date: \_\_\_\_\_

**This workbook is designed to be  
completed during Expedition 9**

## **Campfire Quote**

**"The summit is reached one step at a time. Progress begins with the next step, not the perfect plan."**

# Trailhead

## The Map Doesn't Walk the Trail

Imagine spending months preparing for a mountain expedition.

You study maps.

You gather supplies.

You learn new skills.

You talk with experienced hikers.

You pack your backpack carefully.

But eventually there comes a moment when preparation ends.

You have to take the first step.

Life works the same way.

Over the past several expeditions, you've learned about yourself.

You've discovered your strengths.

You've explored careers.

You've researched opportunities.

You've built employability skills.

You've learned how to communicate your story.

None of that matters unless you begin moving forward.

The good news is that you don't have to know every step you'll take over the next ten years.

You simply need to know what you'll do next.

Today's expedition is about building a realistic action plan that moves you one step closer to the future you want.

# Today's Mission

By the end of today's expedition, I can...

- ☐ Identify my next educational or career step.
- ☐ Create short-term and long-term goals.
- ☐ Develop a realistic action plan.
- ☐ Identify people and resources that can help me succeed.
- ☐ Add my Personal Action Plan to my Career Portfolio.

# Think About It

Think about a goal you've already accomplished.

Maybe you earned credits.

Passed a difficult class.

Learned a new skill.

Started a job.

Improved a relationship.

How did you accomplish it?

Did it happen all at once?

Or did it happen one step at a time?

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# Explore

## Activity 1

### My Destination

Think about where you'd like to be one year after graduation.

There isn't one correct answer.

Choose the option that best fits your current thinking.

- ☐ Working Full-Time
- ☐ Technical College
- ☐ Four-Year College or University
- ☐ Apprenticeship
- ☐ Military Service
- ☐ Starting a Business
- ☐ Continuing My Education While Working
- ☐ Still Exploring My Options
- ☐ Other

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**Why does this option interest you?**

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**What excites you most about this path?**

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# Field Journal

## Activity 2

### My Trail Plan

#### My Goal

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#### Three Steps I'll Take This School Year

1.

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2.

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3.

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#### Three Steps I'll Take After Graduation

1.

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2.

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3.

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### **One Challenge I Might Face**

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### **How Will I Respond?**

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# Explore

## Activity 3

### My Success Team

No one climbs a mountain alone.

Who will help you reach your goals?

| Person | How They Can Help |
|--------|-------------------|
|        |                   |
|        |                   |
|        |                   |
|        |                   |
|        |                   |
|        |                   |

Which person will you talk with first?

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What will you ask them?

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# Field Journal

## Activity 4

### My Next 90 Days

Big dreams become reality through consistent action.

Complete your 90-day action plan.

| Action | Target Date | Completed                |
|--------|-------------|--------------------------|
|        |             | <input type="checkbox"/> |
|        |             | <input type="checkbox"/> |
|        |             | <input type="checkbox"/> |
|        |             | <input type="checkbox"/> |
|        |             | <input type="checkbox"/> |

Which action should happen first?

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What could distract you from your goal?

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**How will you stay motivated?**

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# Explore

## Activity 5

### My Decision Checklist

Before making an important decision, ask yourself:

- ☐ Does this match my interests?
- ☐ Does this fit my strengths?
- ☐ Does this align with my values?
- ☐ Does it move me toward my goals?
- ☐ Have I researched it carefully?
- ☐ Have I asked trusted people for advice?
- ☐ Am I making this decision because it fits **me**, not because of pressure from others?

**Which question is most important to you?**

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Why?

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# Trail Tip

## Plans Can Change

Many adults change careers more than once.

Some return to school later in life.

Others discover new passions after years of experience.

Changing your direction doesn't mean you've failed.

It means you've learned something new about yourself.

Your goal isn't to create a perfect plan.

Your goal is to keep moving forward.

# Portfolio Builder

## Portfolio Page 9

### My Personal Action Plan

Create a one-page action plan including:

- My current career goal
- My preferred education or training pathway
- Three goals for this school year
- Three goals for after graduation
- My 90-day action plan
- My Success Team
- One obstacle I may face
- My plan to overcome it

Add this page to your Base Camp Career Portfolio.

# Trail Journal

**Today I learned...**

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**The first step I'm committed to taking is...**

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**Someone who will encourage me is...**

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**One promise I'm making to myself is...**

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# Passport Stamp

## Expedition 9 Complete

Congratulations!

Today you stopped dreaming about the future and started planning for it.

You don't need to know every twist and turn ahead.

You simply need the courage to take the next step with purpose.

Every journey begins the same way:

One decision.

One step.

One day at a time.

☐ **Passport Stamp Earned**

**Teacher Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_