

Stefanie Foster Brown was born the daughter of a preacher and teacher. She credits her parents with her love of reading and storytelling.

As a high school student, Stefanie attended Choate Rosemary Hall where she wrote for the sports newspaper, literary magazine, and newspaper. Stefanie went on to earn a bachelor's degree from Boston College with a double major in Psychology and Hispanic Studies. She holds a Master's Degree as well as a Specialists Degree in School Psychology from Southern CT State University.

Stefanie served as a school psychologist with students from preschool to high school. She often incorporated picture books into counseling sessions with students, which ultimately inspired her to write her own.

In her writing, Stefanie explores topics of family, connection, and love. Some of her stories are cultural narratives that explore her identity as a Black-American woman of Cape Verdean descent. Stefanie is a 4th generation American whose maternal family immigrated from Cabo Verde to the city of New Bedford, MA with the whaling industry.

Stefanie resides in Connecticut with her husband and children. She enjoys gardening and collecting exotic houseplants.